1  
00:00:02,660 --> 00:00:03,940  
好同学们  
  
2  
00:00:04,220 --> 00:00:05,900  
咱们接着聊  
  
3  
00:00:08,180 --> 00:00:09,060  
那么刚才呢  
  
4  
00:00:09,260 --> 00:00:13,220  
咱们讲了所说血症啊  
  
5  
00:00:13,780 --> 00:00:15,900  
它的产生的机理  
  
6  
00:00:16,830 --> 00:00:19,430  
呃，突出了两个问题啊  
  
7  
00:00:19,510 --> 00:00:21,390  
一个呢，是这个人啊  
  
8  
00:00:21,390 --> 00:00:22,630  
我们讲呃  
  
9  
00:00:23,690 --> 00:00:25,930  
从一个寸口脉动而弱  
  
10  
00:00:26,490 --> 00:00:29,490  
延伸到阴阳相搏的病机  
  
11  
00:00:30,630 --> 00:00:31,790  
以及这个人  
  
12  
00:00:31,790 --> 00:00:34,270  
我们刚才讲了，脾主裹血啊  
  
13  
00:00:35,130 --> 00:00:36,130  
那么呃  
  
14  
00:00:36,330 --> 00:00:41,330  
血液不能够统摄收藏啊它的内在的内涵  
  
15  
00:00:43,530 --> 00:00:43,730  
呃  
  
16  
00:00:43,770 --> 00:00:45,130  
那么后头呢  
  
17  
00:00:45,450 --> 00:00:49,570  
就从不同层面描述了血症的  
  
18  
00:00:50,290 --> 00:00:53,450  
潜在的呃政治方法  
  
19  
00:00:54,330 --> 00:00:54,650  
哎  
  
20  
00:00:55,650 --> 00:00:56,450  
第13条  
  
21  
00:00:57,730 --> 00:00:57,930  
呃  
  
22  
00:00:58,010 --> 00:00:59,730  
那么因为我们刚才讲了  
  
23  
00:01:00,240 --> 00:01:03,080  
脉动而弱动为经弱为忌啊  
  
24  
00:01:03,240 --> 00:01:06,480  
他这块就给你讲了一个心下悸的一个问题  
  
25  
00:01:07,120 --> 00:01:08,720  
貌似就是一个心慌  
  
26  
00:01:09,700 --> 00:01:11,940  
那么辛夏记者用什么呢  
  
27  
00:01:13,220 --> 00:01:16,400  
半夏麻黄丸组织  
  
28  
00:01:18,160 --> 00:01:20,600  
额，那么我们正常来说呀  
  
29  
00:01:22,100 --> 00:01:24,060  
我们熟悉伤寒论  
  
30  
00:01:25,180 --> 00:01:30,540  
以及伤寒金匮类方类正的同仁  
  
31  
00:01:31,600 --> 00:01:33,480  
都会直观的想到一个问题  
  
32  
00:01:33,520 --> 00:01:35,560  
那么心慌，咱们用啥办法啊  
  
33  
00:01:36,280 --> 00:01:37,040  
仲景先师  
  
34  
00:01:37,160 --> 00:01:39,040  
心悸必加桂枝，是不是  
  
35  
00:01:39,500 --> 00:01:39,700  
哎  
  
36  
00:01:39,780 --> 00:01:43,610  
那么从杀论的第64条啊  
  
37  
00:01:43,610 --> 00:01:45,650  
发汗过多，其人叉手自冒心  
  
38  
00:01:45,730 --> 00:01:46,650  
心下悸，欲得汗  
  
39  
00:01:47,050 --> 00:01:47,250  
哎  
  
40  
00:01:47,370 --> 00:01:49,910  
桂枝甘草汤，那么衍生到火逆  
  
41  
00:01:49,910 --> 00:01:50,510  
下至阴烧  
  
42  
00:01:50,510 --> 00:01:53,030  
真烦燥者归肝龙母汤主治啊  
  
43  
00:01:53,070 --> 00:01:54,470  
乃至往后呢  
  
44  
00:01:54,470 --> 00:01:55,830  
刚才我们讲，亡阳必经狂  
  
45  
00:01:56,420 --> 00:01:58,460  
桂枝去芍药加暑期牡蛎龙骨救逆汤  
  
46  
00:01:58,900 --> 00:02:02,510  
以及气从少腹上冲胸，九岐和尚各异状  
  
47  
00:02:02,630 --> 00:02:04,430  
与桂枝加桂汤更加桂二两也  
  
48  
00:02:04,870 --> 00:02:09,130  
乃至第67条，茯苓桂枝甘草白术汤啊  
  
49  
00:02:09,169 --> 00:02:12,250  
心下逆满气上冲胸脐夏季第65条  
  
50  
00:02:12,690 --> 00:02:14,810  
呃苓桂甘枣汤等等啊  
  
51  
00:02:14,890 --> 00:02:16,330  
那不胜枚举对不对啊  
  
52  
00:02:16,730 --> 00:02:19,530  
那包括理中丸的加减，若记者怎么办  
  
53  
00:02:19,690 --> 00:02:21,010  
加硅脂啊，是吧  
  
54  
00:02:21,470 --> 00:02:24,470  
那么各种各样的有关桂枝的论述  
  
55  
00:02:24,510 --> 00:02:28,400  
好像我们认为桂枝就等于治疗心悸  
  
56  
00:02:28,520 --> 00:02:29,520  
心悸就得用桂枝  
  
57  
00:02:30,040 --> 00:02:32,120  
但在这你发现没有桂枝啥事  
  
58  
00:02:33,120 --> 00:02:34,240  
这用的什么呢  
  
59  
00:02:35,270 --> 00:02:35,630  
哎  
  
60  
00:02:36,870 --> 00:02:37,710  
就两个啊  
  
61  
00:02:37,790 --> 00:02:39,310  
就两个呃  
  
62  
00:02:39,750 --> 00:02:42,860  
一个半夏一个麻黄，不得了啊  
  
63  
00:02:42,900 --> 00:02:43,940  
为什么说不得了  
  
64  
00:02:44,460 --> 00:02:46,260  
那半夏咱们怎么解释都行  
  
65  
00:02:47,180 --> 00:02:49,500  
半夏主化痰主降逆对不对啊  
  
66  
00:02:49,980 --> 00:02:50,780  
麻黄怎么办  
  
67  
00:02:52,150 --> 00:02:52,830  
尴不尴尬  
  
68  
00:02:54,500 --> 00:02:56,060  
难不难受为什么难受啊  
  
69  
00:02:56,260 --> 00:02:58,340  
因为咱们你看我一说，好多人都笑了  
  
70  
00:02:58,780 --> 00:03:05,600  
因为咱们知道麻黄在临床上有一个非常难以规避  
  
71  
00:03:05,680 --> 00:03:10,970  
而且是我们不愿意去去去很麻烦的一个问题  
  
72  
00:03:10,970 --> 00:03:13,450  
就是有可能造成心悸  
  
73  
00:03:16,380 --> 00:03:18,100  
尴不尴尬对吧  
  
74  
00:03:18,500 --> 00:03:19,820  
是有这个客观问题吧  
  
75  
00:03:20,540 --> 00:03:22,940  
那么你心悸麻黄躲都躲不开  
  
76  
00:03:24,020 --> 00:03:26,380  
那这为什么把麻黄又加上了呢  
  
77  
00:03:28,250 --> 00:03:31,970  
所以还原到我刚才啊跟同学们讨论的一个话题  
  
78  
00:03:31,970 --> 00:03:33,050  
刚才课间的时候呢  
  
79  
00:03:33,050 --> 00:03:35,730  
我跟同学们喝着茶聊了一会天  
  
80  
00:03:36,340 --> 00:03:38,020  
呃，说到了一个问题  
  
81  
00:03:38,580 --> 00:03:39,180  
我说呀  
  
82  
00:03:39,180 --> 00:03:41,620  
其实我们人类认知事物呢  
  
83  
00:03:41,700 --> 00:03:43,940  
有我们的系统的方法，对不对啊  
  
84  
00:03:44,340 --> 00:03:45,580  
但这些方法呢  
  
85  
00:03:45,940 --> 00:03:46,780  
不得不承认  
  
86  
00:03:46,900 --> 00:03:51,500  
它们都是我们通向真理的一个道具  
  
87  
00:03:53,180 --> 00:03:54,500  
道具啊，就是工具  
  
88  
00:03:54,580 --> 00:03:56,100  
我们不得不用它打比方  
  
89  
00:03:56,580 --> 00:03:57,740  
它不代表真相  
  
90  
00:03:58,670 --> 00:04:00,030  
那么你比方太多了  
  
91  
00:04:00,030 --> 00:04:01,870  
我们最后就会把假象当成真相  
  
92  
00:04:02,590 --> 00:04:05,950  
就好像心悸，真就是桂枝去治了  
  
93  
00:04:06,950 --> 00:04:08,430  
而你忘却了它的根本  
  
94  
00:04:08,830 --> 00:04:11,670  
就像我刚才跟大家说血症对不对啊  
  
95  
00:04:12,070 --> 00:04:15,990  
那么你就知道胃出血能导致吐血对吧  
  
96  
00:04:16,070 --> 00:04:18,990  
肝门静脉高压，所谓肝硬化能吐血  
  
97  
00:04:19,420 --> 00:04:23,820  
你就好像真的认为吐血是肝硬化和胃出血引起来似的  
  
98  
00:04:24,830 --> 00:04:25,590  
它只是结果  
  
99  
00:04:25,590 --> 00:04:26,390  
它不是原因啊  
  
100  
00:04:26,630 --> 00:04:27,390  
是这个道理吧  
  
101  
00:04:27,670 --> 00:04:31,110  
我刚才给大家聊天的时候，我举了一个案例  
  
102  
00:04:31,430 --> 00:04:32,750  
我说就像是射箭  
  
103  
00:04:34,460 --> 00:04:35,460  
竞技反曲弓啊  
  
104  
00:04:35,460 --> 00:04:38,180  
那是奥运会的这个射箭项目，对不对啊  
  
105  
00:04:38,420 --> 00:04:39,020  
竞技反曲  
  
106  
00:04:39,380 --> 00:04:42,620  
那么他为了瞄准啊，有一系列的方法  
  
107  
00:04:42,850 --> 00:04:44,130  
你比如说它的响片  
  
108  
00:04:44,210 --> 00:04:44,850  
它的拉锯  
  
109  
00:04:44,890 --> 00:04:46,050  
他的靠位，对不对啊  
  
110  
00:04:46,290 --> 00:04:47,530  
一系列的客观指正  
  
111  
00:04:47,850 --> 00:04:50,570  
他是你能够达到训练高效的最好的方法  
  
112  
00:04:51,260 --> 00:04:52,140  
但你知不知道  
  
113  
00:04:52,620 --> 00:04:57,140  
当代射箭奥运的纪录保持者是一个韩国的  
  
114  
00:04:57,460 --> 00:05:00,750  
近乎于这个失明的人  
  
115  
00:05:02,180 --> 00:05:04,860  
它有光感，但是视力已经很低很低了  
  
116  
00:05:04,860 --> 00:05:07,060  
这个大家可以去百度啊  
  
117  
00:05:08,390 --> 00:05:09,670  
但他是纪录保持者  
  
118  
00:05:10,150 --> 00:05:11,430  
那这个问题说明一个什么  
  
119  
00:05:12,350 --> 00:05:14,960  
这些道具有用  
  
120  
00:05:16,320 --> 00:05:17,840  
但它们还依然是道具  
  
121  
00:05:18,830 --> 00:05:22,190  
我们有的时候你过度去关注吐血，过度肝  
  
122  
00:05:22,310 --> 00:05:23,150  
关注门静脉  
  
123  
00:05:23,550 --> 00:05:25,990  
过度关注胃出血点的时候  
  
124  
00:05:26,350 --> 00:05:27,710  
可能你把阴阳忘了  
  
125  
00:05:28,210 --> 00:05:29,250  
咱明白那个道理了吧  
  
126  
00:05:29,570 --> 00:05:31,850  
所以为什么我们中医还回到这个话题  
  
127  
00:05:32,050 --> 00:05:36,130  
有的时候，在现代临床可能乏力的时候  
  
128  
00:05:36,720 --> 00:05:37,680  
你一剂小中药  
  
129  
00:05:37,680 --> 00:05:39,880  
有可能你觉得很神奇，为什么叫神奇啊  
  
130  
00:05:39,880 --> 00:05:41,160  
我们经常用这个字来形容  
  
131  
00:05:41,360 --> 00:05:44,120  
因为它不符合世间的通常规律对不对啊  
  
132  
00:05:44,970 --> 00:05:45,690  
它才神奇  
  
133  
00:05:46,050 --> 00:05:48,930  
符合规律就不神奇是应该的，对不对啊  
  
134  
00:05:49,750 --> 00:05:51,070  
那么所以说明一个问题啊  
  
135  
00:05:51,470 --> 00:05:53,630  
我们有的时候跳出来这些概念  
  
136  
00:05:53,630 --> 00:05:55,070  
我们才能把这些概念治好  
  
137  
00:05:55,860 --> 00:05:58,940  
你如果一直有这些概念，它一直束缚着你  
  
138  
00:05:59,380 --> 00:06:00,500  
你反而治不好  
  
139  
00:06:01,210 --> 00:06:02,850  
但我把话还要说回来  
  
140  
00:06:02,850 --> 00:06:04,290  
还是我刚才说的中西医配合  
  
141  
00:06:04,810 --> 00:06:07,410  
不代表你完全在这个概念之中  
  
142  
00:06:09,050 --> 00:06:11,130  
你就说西医已经没有了  
  
143  
00:06:11,130 --> 00:06:13,290  
那你就变成了什么闭门造车了吗  
  
144  
00:06:13,530 --> 00:06:14,730  
我们不是闭门造居啊  
  
145  
00:06:14,980 --> 00:06:15,180  
呃  
  
146  
00:06:15,180 --> 00:06:18,180  
我讲的是我治疗出血的时候所谓的胃出血点  
  
147  
00:06:18,820 --> 00:06:20,380  
呃，肝硬化它都存在  
  
148  
00:06:20,580 --> 00:06:23,320  
但是我们现在知道他  
  
149  
00:06:23,360 --> 00:06:24,840  
但是不看他，对不对啊  
  
150  
00:06:25,120 --> 00:06:28,200  
我们还看的是我们的阴阳，讲这个道理啊  
  
151  
00:06:29,120 --> 00:06:30,560  
所以从这个角度上来讲  
  
152  
00:06:30,560 --> 00:06:34,590  
半夏麻黄丸其实是非常经典的一个案例  
  
153  
00:06:34,790 --> 00:06:36,230  
我觉得这个拍案叫绝  
  
154  
00:06:36,230 --> 00:06:37,030  
为什么这么说啊  
  
155  
00:06:37,510 --> 00:06:38,910  
那么为什么会心悸  
  
156  
00:06:39,710 --> 00:06:42,110  
大家得回来吧，乙方测证啊  
  
157  
00:06:42,110 --> 00:06:43,510  
是我们的一个重要工具  
  
158  
00:06:44,030 --> 00:06:46,550  
半夏本身能化痰，麻黄干什么呀  
  
159  
00:06:47,340 --> 00:06:48,580  
能宣散水饮  
  
160  
00:06:48,980 --> 00:06:50,300  
所以这个为什么心慌  
  
161  
00:06:50,380 --> 00:06:51,780  
两个字，痰饮嘛  
  
162  
00:06:53,170 --> 00:06:54,530  
痰银属阴还是属阳啊  
  
163  
00:06:55,290 --> 00:06:59,220  
阴阴痰饮它必然能够怎么样  
  
164  
00:06:59,660 --> 00:07:03,120  
能够碧玉阳窍，什么阳  
  
165  
00:07:03,240 --> 00:07:05,040  
新阳是不是这回事  
  
166  
00:07:05,360 --> 00:07:07,360  
新阳被痰饮所闭  
  
167  
00:07:09,440 --> 00:07:10,640  
那么必然要心慌吧  
  
168  
00:07:11,040 --> 00:07:13,880  
这个时候用桂枝啊，就不行了  
  
169  
00:07:14,680 --> 00:07:17,160  
因为他没有把饮邪宣散  
  
170  
00:07:18,470 --> 00:07:20,870  
所以要宣散这个引邪必然用谁啊  
  
171  
00:07:21,270 --> 00:07:24,100  
你看一个半夏向下降浊  
  
172  
00:07:24,660 --> 00:07:26,780  
一个麻黄向上发散  
  
173  
00:07:27,380 --> 00:07:29,780  
一个去升散，一个下降吧  
  
174  
00:07:30,580 --> 00:07:33,060  
一升一降，正好是一个小龙虎  
  
175  
00:07:34,660 --> 00:07:35,340  
看到了没有  
  
176  
00:07:36,140 --> 00:07:36,340  
哎  
  
177  
00:07:36,380 --> 00:07:37,420  
一个小小组合  
  
178  
00:07:37,700 --> 00:07:39,420  
那么这个是非常经典的啊  
  
179  
00:07:40,340 --> 00:07:44,160  
在这呢，我写了四个字的评语  
  
180  
00:07:44,760 --> 00:07:46,920  
感兴趣的呢，你可以借鉴一下  
  
181  
00:07:47,560 --> 00:07:49,320  
呃，半夏消痰  
  
182  
00:07:49,520 --> 00:07:50,400  
麻黄通阳  
  
183  
00:07:51,680 --> 00:07:53,880  
阴云消散，以复阳光  
  
184  
00:07:56,760 --> 00:07:59,120  
我写了这么，就是我在读这段的时候  
  
185  
00:07:59,120 --> 00:07:59,640  
当时啊  
  
186  
00:08:00,000 --> 00:08:04,840  
我写了四个14句话16个字的小评语  
  
187  
00:08:05,450 --> 00:08:05,650  
呃  
  
188  
00:08:05,970 --> 00:08:07,650  
也许对你理解这一条呢  
  
189  
00:08:07,930 --> 00:08:09,770  
有所be益啊，送给大家  
  
190  
00:08:11,610 --> 00:08:11,810  
额  
  
191  
00:08:11,810 --> 00:08:15,090  
那么一个是色脸下下降之功，对吧  
  
192  
00:08:15,770 --> 00:08:17,930  
那么另一个呢，是通散上升之力  
  
193  
00:08:18,010 --> 00:08:20,290  
他是完全是两个两个方向啊  
  
194  
00:08:21,700 --> 00:08:23,260  
所以这个就是一个半夏八黄丸  
  
195  
00:08:23,660 --> 00:08:26,020  
它也是提醒我们  
  
196  
00:08:27,300 --> 00:08:29,780  
在临证的时候你可以去看正  
  
197  
00:08:30,060 --> 00:08:31,020  
你可以去拆方  
  
198  
00:08:31,340 --> 00:08:34,940  
但是你永远别忘了正和方的源头是什么  
  
199  
00:08:34,940 --> 00:08:35,700  
是阴阳  
  
200  
00:08:36,440 --> 00:08:36,640  
哎  
  
201  
00:08:36,640 --> 00:08:38,080  
永远别忘了这个事啊  
  
202  
00:08:38,360 --> 00:08:40,880  
你不能用这个树叶啊  
  
203  
00:08:41,600 --> 00:08:41,799  
哎  
  
204  
00:08:42,080 --> 00:08:44,860  
这个哄小孩哄的时间长了  
  
205  
00:08:44,860 --> 00:08:47,540  
久而久之，你自己也把这个事当成真的了啊  
  
206  
00:08:47,900 --> 00:08:49,500  
那那样的话，那那就坏了  
  
207  
00:08:49,980 --> 00:08:53,380  
你就总得知道这些东西就是比喻对不对啊  
  
208  
00:08:54,990 --> 00:08:55,990  
第14条啊  
  
209  
00:08:56,030 --> 00:08:56,670  
第14条  
  
210  
00:08:56,670 --> 00:08:58,000  
往下走，呃  
  
211  
00:08:58,400 --> 00:09:01,400  
吐血不止百叶汤主之啊  
  
212  
00:09:01,400 --> 00:09:02,480  
在这要说一个问题  
  
213  
00:09:02,840 --> 00:09:06,280  
咱们刚才讲过，吐血往往是从哪个静脉来的呀  
  
214  
00:09:07,190 --> 00:09:08,110  
还记不记得  
  
215  
00:09:11,940 --> 00:09:13,260  
刚才我们讲了那个血啊  
  
216  
00:09:13,260 --> 00:09:16,100  
它能吐出来，它就必然有两个要素  
  
217  
00:09:17,400 --> 00:09:18,560  
第一得有血吧  
  
218  
00:09:19,200 --> 00:09:20,520  
没血是不是吐不出来  
  
219  
00:09:21,960 --> 00:09:23,960  
第二，学得往哪走  
  
220  
00:09:24,800 --> 00:09:25,480  
得往上走  
  
221  
00:09:25,840 --> 00:09:27,400  
所以一要跟人脉有关  
  
222  
00:09:27,440 --> 00:09:28,680  
第二要跟冲脉有关  
  
223  
00:09:29,170 --> 00:09:30,650  
冲任二脉对不对  
  
224  
00:09:31,050 --> 00:09:31,250  
哎  
  
225  
00:09:31,250 --> 00:09:32,650  
必然要冲任二脉有冲力  
  
226  
00:09:32,930 --> 00:09:34,810  
但是冲任二脉的冲力  
  
227  
00:09:35,290 --> 00:09:36,720  
同学们，呃  
  
228  
00:09:36,960 --> 00:09:40,660  
我们必然要知道一件事  
  
229  
00:09:41,180 --> 00:09:42,580  
它也是分虚实的  
  
230  
00:09:43,610 --> 00:09:44,050  
对不对  
  
231  
00:09:44,530 --> 00:09:45,290  
那么这个啊  
  
232  
00:09:45,290 --> 00:09:50,160  
一定是我们还回归到一开始我们说脉动而弱啊  
  
233  
00:09:50,200 --> 00:09:50,840  
脉动而弱  
  
234  
00:09:50,840 --> 00:09:52,600  
我刚才讲了叫心主血脉吧  
  
235  
00:09:53,760 --> 00:09:55,080  
还回归到这个问题啊  
  
236  
00:09:55,360 --> 00:10:00,000  
那么心主血脉，心之象在五行之中  
  
237  
00:10:00,280 --> 00:10:02,440  
为什么象啊，为火象  
  
238  
00:10:03,000 --> 00:10:03,920  
所以这个里头呢  
  
239  
00:10:03,920 --> 00:10:04,600  
还是有火  
  
240  
00:10:05,400 --> 00:10:07,480  
那么冲脉的冲逆，它还是有火  
  
241  
00:10:08,370 --> 00:10:09,290  
有火的话  
  
242  
00:10:09,330 --> 00:10:11,810  
但是这个火呢，分虚实啊  
  
243  
00:10:11,890 --> 00:10:12,490  
分虚实  
  
244  
00:10:12,970 --> 00:10:15,760  
一个是那么实火  
  
245  
00:10:15,760 --> 00:10:16,560  
一个是虚火  
  
246  
00:10:17,210 --> 00:10:20,770  
当然这个划分不是我张某人一拍脑门分来的  
  
247  
00:10:21,050 --> 00:10:25,250  
他是明清两代的一家几百年的反复的临证  
  
248  
00:10:25,660 --> 00:10:26,420  
包括注数  
  
249  
00:10:26,540 --> 00:10:29,740  
大家统一认为啊，这个吐血就分两种  
  
250  
00:10:30,760 --> 00:10:34,080  
一种是有实火一种是有虚火啊  
  
251  
00:10:34,680 --> 00:10:35,360  
实火呢  
  
252  
00:10:36,280 --> 00:10:37,360  
用的是泻心汤  
  
253  
00:10:38,320 --> 00:10:39,640  
虚火就是百叶汤  
  
254  
00:10:39,640 --> 00:10:40,440  
大家明白了吧  
  
255  
00:10:41,070 --> 00:10:43,230  
但是实火虚火有啥区别呢  
  
256  
00:10:43,230 --> 00:10:46,440  
这个是我，我自己在这分析啊  
  
257  
00:10:46,840 --> 00:10:47,760  
那么不一定对  
  
258  
00:10:47,840 --> 00:10:49,400  
但是你自己去分析一下  
  
259  
00:10:49,800 --> 00:10:52,520  
那么实火它突出的是两个字，叫阳亢  
  
260  
00:10:55,120 --> 00:10:57,320  
虚火呢也是两个字叫阴郁  
  
261  
00:10:57,520 --> 00:11:00,000  
这是我我我个人论证啊  
  
262  
00:11:01,660 --> 00:11:02,780  
那么一个是实  
  
263  
00:11:04,060 --> 00:11:04,900  
一个是虚  
  
264  
00:11:05,100 --> 00:11:07,220  
他俩都是什么火象  
  
265  
00:11:07,980 --> 00:11:10,140  
实相说的是阳气的  
  
266  
00:11:13,640 --> 00:11:15,400  
抗胜是不是这样啊  
  
267  
00:11:16,630 --> 00:11:18,430  
虚火呢是虚  
  
268  
00:11:18,710 --> 00:11:21,190  
重点是说阴气的闭郁  
  
269  
00:11:21,870 --> 00:11:25,660  
阳气过于亢盛，则以泻心汤对治  
  
270  
00:11:27,170 --> 00:11:29,890  
这个我们得到由于原文排序的原因  
  
271  
00:11:29,890 --> 00:11:31,930  
我们得到最后才能讲这个啊  
  
272  
00:11:32,250 --> 00:11:34,530  
我们现在重点说这个虚火  
  
273  
00:11:35,290 --> 00:11:37,450  
那么阴郁的时候用谁呢  
  
274  
00:11:39,180 --> 00:11:39,380  
哎  
  
275  
00:11:39,460 --> 00:11:40,180  
百叶汤  
  
276  
00:11:42,900 --> 00:11:46,700  
那么阴气闭郁也能生火，这大家能明白吧  
  
277  
00:11:47,020 --> 00:11:48,420  
就好像打一个比方啊  
  
278  
00:11:49,140 --> 00:11:52,660  
我打一个比方，啥叫阴气碧玉也能生火啊  
  
279  
00:11:53,460 --> 00:11:56,740  
比方说汽车发动机，你一直给着油  
  
280  
00:11:57,310 --> 00:11:58,590  
一直踩着油门  
  
281  
00:11:58,710 --> 00:12:00,110  
但是你就是不松刹车  
  
282  
00:12:00,350 --> 00:12:01,310  
明白我的意思没有  
  
283  
00:12:01,670 --> 00:12:02,510  
那过一会儿呢  
  
284  
00:12:02,590 --> 00:12:04,270  
发动机肯定憋出火来了  
  
285  
00:12:04,850 --> 00:12:06,130  
这个道理大家能明白了吧  
  
286  
00:12:06,130 --> 00:12:07,370  
就是你憋住了  
  
287  
00:12:07,770 --> 00:12:10,130  
那么火被谁憋住了，被阴气  
  
288  
00:12:11,380 --> 00:12:15,340  
这个就能导致冲任二脉上逆而吐血  
  
289  
00:12:15,500 --> 00:12:16,340  
这大家明白了吧  
  
290  
00:12:16,660 --> 00:12:18,020  
那么所以解决两个问题  
  
291  
00:12:18,260 --> 00:12:20,740  
一呢，是要把那个音呐  
  
292  
00:12:20,900 --> 00:12:22,300  
就是那个阴寒的那个气啊  
  
293  
00:12:22,300 --> 00:12:24,980  
就是你那个刹车得松开，是不是这回事  
  
294  
00:12:25,540 --> 00:12:25,900  
哎  
  
295  
00:12:26,360 --> 00:12:28,440  
第二呢，你还得把血呢  
  
296  
00:12:28,440 --> 00:12:31,260  
能让它回去也是一个回环吧  
  
297  
00:12:31,660 --> 00:12:33,260  
第一先把刹车松开  
  
298  
00:12:33,660 --> 00:12:37,540  
第二让血回去，这个这个思路大家是不是已经很清晰了  
  
299  
00:12:39,350 --> 00:12:41,350  
清洗之后咱们就看啊，怎么办事  
  
300  
00:12:41,350 --> 00:12:43,350  
儿办这个大事  
  
301  
00:12:43,670 --> 00:12:45,350  
那么怎么能让这血回去啊  
  
302  
00:12:45,950 --> 00:12:47,150  
呃，元代  
  
303  
00:12:49,170 --> 00:12:53,010  
金匮方论演义的作者赵以德先生啊  
  
304  
00:12:54,270 --> 00:12:58,070  
赵公，他是住这个金桂的时候非常经典  
  
305  
00:12:58,070 --> 00:12:58,790  
他说一句话  
  
306  
00:13:00,350 --> 00:13:04,750  
呃，我认为啊这这这这十个字是非常经典的  
  
307  
00:13:10,460 --> 00:13:14,260  
治肝木之逆，使血有所藏啊  
  
308  
00:13:14,340 --> 00:13:16,500  
你看啊这么说的  
  
309  
00:13:18,420 --> 00:13:21,660  
治肝木之逆  
  
310  
00:13:24,740 --> 00:13:26,220  
使穴由  
  
311  
00:13:32,260 --> 00:13:35,020  
锁仓非常的经典啊  
  
312  
00:13:41,440 --> 00:13:42,240  
呃，当然了  
  
313  
00:13:42,240 --> 00:13:46,450  
我之前曾经给大家讲过，肝者主生发吧  
  
314  
00:13:46,450 --> 00:13:46,930  
对不对啊  
  
315  
00:13:47,210 --> 00:13:47,810  
肝为木  
  
316  
00:13:47,930 --> 00:13:50,850  
它跟冲脉呢，是有是有一些联系的  
  
317  
00:13:50,850 --> 00:13:54,010  
那么平冲有的时候也是平肝就是一回事  
  
318  
00:13:54,440 --> 00:13:55,720  
那么肝木之逆呢  
  
319  
00:13:55,720 --> 00:13:57,520  
它其实跟冲脉也相关啊  
  
320  
00:13:57,880 --> 00:14:01,040  
那么所以咱们怎么去解决这个血气上逆啊  
  
321  
00:14:01,040 --> 00:14:05,670  
这个冲人止血离经上涌而不能回返的问题  
  
322  
00:14:06,140 --> 00:14:06,940  
呃，这个呢  
  
323  
00:14:06,940 --> 00:14:10,380  
你把肝气上向上的冲力把它平了  
  
324  
00:14:11,300 --> 00:14:12,020  
也就解决了  
  
325  
00:14:12,020 --> 00:14:14,220  
这个道理大家能能懂吧  
  
326  
00:14:14,660 --> 00:14:17,910  
咱们如果思路不是很清晰呢  
  
327  
00:14:17,910 --> 00:14:20,870  
你再回头借鉴一下我们讲奔豚汤的时候  
  
328  
00:14:21,070 --> 00:14:23,270  
大家还记不记得我当时讲过这个问题啊  
  
329  
00:14:23,350 --> 00:14:24,150  
奔腾三证  
  
330  
00:14:24,460 --> 00:14:27,140  
但是那个奔腾你怎么能让它奇迹下去啊  
  
331  
00:14:28,420 --> 00:14:29,100  
一个道理  
  
332  
00:14:29,660 --> 00:14:29,860  
呃  
  
333  
00:14:30,380 --> 00:14:32,060  
那么所以整个百叶汤  
  
334  
00:14:32,480 --> 00:14:36,280  
那么大家就能够明白他的思路和他的制方原则了  
  
335  
00:14:36,760 --> 00:14:40,400  
他无非呢是站在一个点上啊  
  
336  
00:14:40,400 --> 00:14:43,760  
就是怎么能够平肝木的冲力  
  
337  
00:14:45,250 --> 00:14:50,840  
就是这个汤从始至终的所有的配伍的内涵  
  
338  
00:14:51,320 --> 00:14:52,200  
大家明白了没有  
  
339  
00:14:52,440 --> 00:14:52,640  
哎  
  
340  
00:14:52,640 --> 00:14:54,520  
你把肝气能平下来就行了  
  
341  
00:14:54,840 --> 00:14:55,880  
但这个平肝呢  
  
342  
00:14:56,000 --> 00:15:00,110  
它又有一个很有意思的系统啊  
  
343  
00:15:00,710 --> 00:15:03,110  
在这儿我从头给大家捋捋，呃  
  
344  
00:15:03,270 --> 00:15:04,270  
百叶汤呢  
  
345  
00:15:04,550 --> 00:15:07,510  
一共有三味药和一个药引  
  
346  
00:15:08,460 --> 00:15:09,700  
三味药分别是谁呢  
  
347  
00:15:10,260 --> 00:15:12,140  
百叶、干姜和艾叶  
  
348  
00:15:14,420 --> 00:15:15,620  
一个药引是谁呢  
  
349  
00:15:15,740 --> 00:15:16,380  
马通知  
  
350  
00:15:17,940 --> 00:15:18,140  
哎  
  
351  
00:15:18,740 --> 00:15:20,950  
马通知是什么啊  
  
352  
00:15:20,950 --> 00:15:22,030  
不是马尿啊  
  
353  
00:15:22,150 --> 00:15:25,950  
那那有，甚至这个有有住家都整错了啊  
  
354  
00:15:26,350 --> 00:15:29,980  
马通知不是马尿，是马粪汁儿  
  
355  
00:15:30,790 --> 00:15:30,990  
哎  
  
356  
00:15:30,990 --> 00:15:33,510  
这个我一会儿要要给你具体解释啊  
  
357  
00:15:33,510 --> 00:15:35,270  
但这里有个疑问，我先放在这  
  
358  
00:15:35,470 --> 00:15:38,870  
那么有现成马尿你不用，为啥要用马粪汁  
  
359  
00:15:39,370 --> 00:15:40,490  
是不是太麻烦  
  
360  
00:15:41,730 --> 00:15:42,090  
对吧  
  
361  
00:15:42,170 --> 00:15:45,330  
这个我一会儿，咱们再具体的说啊  
  
362  
00:15:46,190 --> 00:15:48,870  
那么首先看明者命也啊  
  
363  
00:15:48,870 --> 00:15:50,350  
这个我给大家讲过很多次  
  
364  
00:15:50,630 --> 00:15:52,630  
那么他的芳名就是他的使命  
  
365  
00:15:53,630 --> 00:15:54,190  
对不对啊  
  
366  
00:15:54,510 --> 00:15:57,630  
那么百叶汤，百叶汤它是用谁来表法呢  
  
367  
00:15:59,320 --> 00:16:00,880  
一对一定是用谁啊  
  
368  
00:16:01,480 --> 00:16:02,200  
百叶吗  
  
369  
00:16:02,670 --> 00:16:04,270  
那么百叶有什么特点啊  
  
370  
00:16:04,270 --> 00:16:06,390  
咱们都知道百叶有特点  
  
371  
00:16:06,390 --> 00:16:08,750  
我早就跟大家说过，百叶锡纸对不对  
  
372  
00:16:09,270 --> 00:16:10,630  
它往西方去去指  
  
373  
00:16:10,990 --> 00:16:11,990  
而且百叶呢  
  
374  
00:16:12,430 --> 00:16:15,550  
那往锡纸的草其实也草和木也有很多  
  
375  
00:16:15,830 --> 00:16:19,160  
为啥独用百原因，百叶冬天啊  
  
376  
00:16:19,160 --> 00:16:21,730  
我们讲叫凌冬不凋，那过冬啊  
  
377  
00:16:21,730 --> 00:16:22,410  
它能过冬啊  
  
378  
00:16:22,850 --> 00:16:25,050  
那么说明他丙这个什么呀  
  
379  
00:16:25,450 --> 00:16:31,700  
那么天地之这个我们讲叫叫叫秋冬之寒气吧  
  
380  
00:16:32,300 --> 00:16:32,500  
哎  
  
381  
00:16:32,580 --> 00:16:35,410  
金水之气特别足啊  
  
382  
00:16:35,450 --> 00:16:37,490  
那象征以金生水之象嘛  
  
383  
00:16:37,490 --> 00:16:39,330  
那么也也是这个特点嘛，哎  
  
384  
00:16:39,530 --> 00:16:43,490  
它的叶儿也特别比较相对比别的树叶坚硬是不是  
  
385  
00:16:44,230 --> 00:16:44,430  
呃  
  
386  
00:16:44,630 --> 00:16:46,990  
那百叶锡纸，所以它就能干一个事  
  
387  
00:16:47,320 --> 00:16:49,080  
四个字叫下气平肝  
  
388  
00:16:49,160 --> 00:16:50,680  
在这我就总总结一下啊  
  
389  
00:16:50,920 --> 00:16:52,520  
一是呢，它能平肝木  
  
390  
00:16:52,890 --> 00:16:54,250  
第二能平了肝木之后  
  
391  
00:16:54,250 --> 00:16:55,370  
它平肝木不是目的  
  
392  
00:16:55,610 --> 00:16:56,330  
目的是啥呀  
  
393  
00:16:57,050 --> 00:16:59,770  
让这个契机怎么样，能够下去啊  
  
394  
00:16:59,770 --> 00:17:02,010  
能能下气能平肝，这个问题就搞定了  
  
395  
00:17:02,250 --> 00:17:03,090  
大家能明白了吧  
  
396  
00:17:03,410 --> 00:17:06,170  
所以首先把肝木之气冲力的问题把它解决  
  
397  
00:17:07,460 --> 00:17:08,380  
那么第二呢  
  
398  
00:17:08,380 --> 00:17:10,980  
你光把下气平肝了还不行  
  
399  
00:17:11,020 --> 00:17:12,099  
我刚才说过一个问题  
  
400  
00:17:12,380 --> 00:17:15,859  
那么由于这个人的火是由于被阴气闭阻之后  
  
401  
00:17:16,609 --> 00:17:17,490  
它产生的火吧  
  
402  
00:17:18,210 --> 00:17:19,450  
所以怎么办  
  
403  
00:17:21,490 --> 00:17:22,609  
同学们怎么办  
  
404  
00:17:23,609 --> 00:17:27,770  
是不是必须得把这个阴气把它划掉呢  
  
405  
00:17:28,770 --> 00:17:28,970  
哎  
  
406  
00:17:29,610 --> 00:17:31,650  
那么这个化掉啊  
  
407  
00:17:32,770 --> 00:17:34,890  
用两味药，第一是干姜  
  
408  
00:17:35,760 --> 00:17:35,960  
呃  
  
409  
00:17:36,120 --> 00:17:39,000  
干姜呢，本身不用咱们赘述了  
  
410  
00:17:39,000 --> 00:17:40,200  
它本身能温中  
  
411  
00:17:40,320 --> 00:17:41,560  
而且在这重点啊  
  
412  
00:17:41,560 --> 00:17:42,360  
它能温脾  
  
413  
00:17:43,720 --> 00:17:43,920  
哎  
  
414  
00:17:44,240 --> 00:17:45,880  
脾主裹血是不是啊  
  
415  
00:17:46,120 --> 00:17:47,240  
那你不但能温理  
  
416  
00:17:47,240 --> 00:17:48,640  
而且能复原什么呀  
  
417  
00:17:49,080 --> 00:17:52,430  
那个脾的统血的功能啊  
  
418  
00:17:52,950 --> 00:17:54,430  
难经42难啊  
  
419  
00:17:54,430 --> 00:17:55,670  
中间就讲过这个问题  
  
420  
00:17:55,670 --> 00:17:56,430  
脾骨穴啊  
  
421  
00:17:57,110 --> 00:17:58,270  
它能解决这个问题  
  
422  
00:17:59,670 --> 00:18:02,910  
二一则他这里头还加了艾叶啊  
  
423  
00:18:03,310 --> 00:18:04,670  
加艾叶加多少呢  
  
424  
00:18:06,690 --> 00:18:08,210  
这个描述很有特点  
  
425  
00:18:08,650 --> 00:18:11,450  
他没说几两艾叶，你抓三把  
  
426  
00:18:11,850 --> 00:18:13,610  
我通常都是让患者自己抓  
  
427  
00:18:15,300 --> 00:18:17,500  
自己手多大，他抓多少是正好的  
  
428  
00:18:17,500 --> 00:18:17,860  
为什么  
  
429  
00:18:17,860 --> 00:18:20,020  
因为有的时候我经常这种用法  
  
430  
00:18:20,020 --> 00:18:21,100  
我经常用，对吧  
  
431  
00:18:21,460 --> 00:18:22,700  
我也经常给小孩用  
  
432  
00:18:23,490 --> 00:18:25,730  
那我给小孩用的时候，你大人抓一把  
  
433  
00:18:26,470 --> 00:18:29,750  
对他来说那个量就很恐怖了吧  
  
434  
00:18:29,750 --> 00:18:30,070  
对吧  
  
435  
00:18:30,430 --> 00:18:32,310  
你让他自己抓，抓多少是多少啊  
  
436  
00:18:32,910 --> 00:18:34,750  
就三把，哎  
  
437  
00:18:35,110 --> 00:18:36,110  
三代表什么  
  
438  
00:18:37,200 --> 00:18:37,520  
哎  
  
439  
00:18:37,520 --> 00:18:39,920  
咱们同学都很熟，天三生木嘛  
  
440  
00:18:39,920 --> 00:18:40,520  
对不对啊  
  
441  
00:18:41,260 --> 00:18:42,420  
哎，那么说到这呢  
  
442  
00:18:42,420 --> 00:18:44,980  
实际上我们中国文化的源头啊  
  
443  
00:18:45,220 --> 00:18:47,260  
有很多中医概念，你怎么能信  
  
444  
00:18:47,780 --> 00:18:49,420  
我也在反思这个问题啊  
  
445  
00:18:50,610 --> 00:18:54,370  
尤其今天早晨呃，我跟这个吴伟老师啊  
  
446  
00:18:54,370 --> 00:18:56,810  
我俩在在交流这个问题，呃  
  
447  
00:18:57,960 --> 00:19:00,120  
这个天道人道地道的作者嘛  
  
448  
00:19:00,120 --> 00:19:02,440  
吴伟老师研究古天文学，呃  
  
449  
00:19:02,480 --> 00:19:04,790  
在交流这个问题，我也有所触动  
  
450  
00:19:04,790 --> 00:19:07,270  
就是所谓很多的其实基本概念啊  
  
451  
00:19:07,350 --> 00:19:08,550  
我们有的时候  
  
452  
00:19:08,550 --> 00:19:12,880  
真是希望大家能够对传统中医能有一个客观  
  
453  
00:19:12,960 --> 00:19:13,840  
深刻的认知  
  
454  
00:19:14,200 --> 00:19:15,280  
但是有的时候  
  
455  
00:19:16,240 --> 00:19:19,890  
我作为一个中医药大学的基层教员啊  
  
456  
00:19:20,410 --> 00:19:22,450  
那么我在教学生的时候  
  
457  
00:19:22,450 --> 00:19:25,650  
其实我很小心有的时候话呢怕深  
  
458  
00:19:25,690 --> 00:19:27,170  
说深了啊  
  
459  
00:19:27,170 --> 00:19:28,690  
说深了说浅了都不好  
  
460  
00:19:28,770 --> 00:19:30,770  
因为你面对各样的人对不对啊  
  
461  
00:19:31,100 --> 00:19:33,460  
所以我说话有的时候也很委婉，讲方法  
  
462  
00:19:33,820 --> 00:19:34,580  
呃，吴老师呢  
  
463  
00:19:34,580 --> 00:19:35,580  
他是做学问的人  
  
464  
00:19:35,580 --> 00:19:37,180  
他说话就很很直接  
  
465  
00:19:37,580 --> 00:19:39,020  
我在反思这个问题  
  
466  
00:19:39,020 --> 00:19:40,940  
有的时候其实我是不是说的太委婉  
  
467  
00:19:41,220 --> 00:19:42,620  
有的时候需要点直接啊  
  
468  
00:19:42,820 --> 00:19:45,100  
但是这个东西知乎两端行乎于中道  
  
469  
00:19:45,340 --> 00:19:47,500  
但是吴老师说一句话我是很认同的  
  
470  
00:19:47,500 --> 00:19:48,780  
他说他讲一个问题  
  
471  
00:19:49,020 --> 00:19:52,250  
所谓的河图洛书的道理你不明白  
  
472  
00:19:52,290 --> 00:19:54,010  
先后天八卦的东西你不懂  
  
473  
00:19:54,210 --> 00:19:56,370  
所有的东西你不知道它怎么来源  
  
474  
00:19:56,650 --> 00:19:59,450  
然后你你怎么让他去相信中医呢  
  
475  
00:20:00,450 --> 00:20:01,850  
其实这个我是很认同的  
  
476  
00:20:01,850 --> 00:20:03,010  
就是我认同  
  
477  
00:20:03,010 --> 00:20:04,690  
但是我是我认为我是地下党  
  
478  
00:20:04,890 --> 00:20:06,050  
咱明白那个道理，没有  
  
479  
00:20:06,290 --> 00:20:08,650  
就是我是信仰共产主义的啊  
  
480  
00:20:08,830 --> 00:20:13,070  
但是我认为我现在在一个这个时候啊，或者是地区啊  
  
481  
00:20:13,510 --> 00:20:16,230  
我不能太明确地表达我的身份  
  
482  
00:20:17,350 --> 00:20:19,230  
你太明确表达你的身份的时候  
  
483  
00:20:19,830 --> 00:20:22,550  
你对组织带来的伤害  
  
484  
00:20:25,480 --> 00:20:26,680  
大家明白我的问题没有  
  
485  
00:20:26,760 --> 00:20:28,800  
因为我们今天的西化太严重了  
  
486  
00:20:29,200 --> 00:20:31,160  
那么如果我岩壁河洛  
  
487  
00:20:31,960 --> 00:20:33,080  
岩壁数数  
  
488  
00:20:33,640 --> 00:20:38,400  
有的时候，反而会造成我们这些深爱传统文化的人被当成异端  
  
489  
00:20:38,720 --> 00:20:40,480  
尤其我还有那么多学生，对不对啊  
  
490  
00:20:40,800 --> 00:20:41,790  
那么呃  
  
491  
00:20:42,030 --> 00:20:43,990  
为了大家吧  
  
492  
00:20:43,990 --> 00:20:47,830  
那我必然呢，要收敛自己的羽翼  
  
493  
00:20:48,500 --> 00:20:48,700  
哎  
  
494  
00:20:49,100 --> 00:20:50,300  
退散自己的锋芒  
  
495  
00:20:50,820 --> 00:20:51,300  
然后呢  
  
496  
00:20:51,780 --> 00:20:52,380  
使我呢  
  
497  
00:20:52,380 --> 00:20:55,220  
就是说看着诶嘿嘿呃  
  
498  
00:20:55,220 --> 00:20:58,130  
那么更更更更更，就是说  
  
499  
00:20:58,970 --> 00:21:00,290  
没有各自己的特点  
  
500  
00:21:00,730 --> 00:21:01,770  
那么哎  
  
501  
00:21:02,380 --> 00:21:06,220  
这样我才能把一些东西吧跟大家能够更好的沟通  
  
502  
00:21:06,260 --> 00:21:09,470  
那你要上来之后，你就说一些真话  
  
503  
00:21:09,470 --> 00:21:10,710  
你就亮出一些观点  
  
504  
00:21:10,950 --> 00:21:13,230  
这样的时候有很多时候会造成阴阳隔绝  
  
505  
00:21:14,810 --> 00:21:15,490  
反而不好  
  
506  
00:21:15,490 --> 00:21:16,770  
那你既然想做事情  
  
507  
00:21:16,770 --> 00:21:18,770  
你就得我，这是我个人观点啊  
  
508  
00:21:18,770 --> 00:21:21,420  
就得把把把把问题呢  
  
509  
00:21:21,700 --> 00:21:23,660  
你就把头再低一点是吧  
  
510  
00:21:23,660 --> 00:21:25,850  
那你只能这样为了做事情嘛  
  
511  
00:21:25,850 --> 00:21:29,050  
那么道德经讲叫叫批赫尔怀孕嘛，是不是  
  
512  
00:21:29,290 --> 00:21:31,100  
那你就披一身脏衣服  
  
513  
00:21:31,460 --> 00:21:35,900  
当然你你你知道你自己抱的是一块美玉，无暇美玉  
  
514  
00:21:35,900 --> 00:21:37,980  
但是你外头穿衣服穿破点没事  
  
515  
00:21:38,220 --> 00:21:39,140  
这样大家呢  
  
516  
00:21:39,580 --> 00:21:39,780  
呃  
  
517  
00:21:39,900 --> 00:21:41,300  
对你更友好，哈  
  
518  
00:21:41,340 --> 00:21:42,460  
对更友好  
  
519  
00:21:42,790 --> 00:21:44,630  
呃，所以我在这回归一个问题啊  
  
520  
00:21:44,910 --> 00:21:49,190  
我们很多东西，其实你在这里头看它的那个天三生木地八成之  
  
521  
00:21:49,190 --> 00:21:50,910  
它不都是从河洛里来的吗  
  
522  
00:21:51,210 --> 00:21:51,970  
啊，在这呢  
  
523  
00:21:52,250 --> 00:21:55,370  
所谓先天八卦怎么跟十天干去相合  
  
524  
00:21:55,450 --> 00:21:57,810  
后天八卦怎么与12地支去相应  
  
525  
00:21:58,140 --> 00:22:01,020  
那么天干和地支怎么去教会这个问题  
  
526  
00:22:01,020 --> 00:22:02,300  
其实我过去曾经讲过  
  
527  
00:22:02,740 --> 00:22:07,160  
我在19年的那个浙江中药大学讲的那个内经浅时  
  
528  
00:22:07,200 --> 00:22:07,880  
大家还记得吧  
  
529  
00:22:08,080 --> 00:22:09,920  
你回去好好读读那个那个文章  
  
530  
00:22:09,920 --> 00:22:11,120  
那里头其实都讲了  
  
531  
00:22:11,320 --> 00:22:13,080  
但是可能讲的有点有点太早  
  
532  
00:22:13,820 --> 00:22:17,020  
啊，我人生中唯一一次把学生讲睡着的课  
  
533  
00:22:17,900 --> 00:22:20,740  
唯一次啊，这个我保证能有我的学生很多啊  
  
534  
00:22:21,050 --> 00:22:23,210  
唯一一次我，我我讲到最后  
  
535  
00:22:23,490 --> 00:22:25,450  
我自己已经很激情澎湃了  
  
536  
00:22:25,490 --> 00:22:27,050  
那我往后一看，睡了一大片  
  
537  
00:22:27,800 --> 00:22:29,440  
哎呀，这个非常  
  
538  
00:22:30,400 --> 00:22:30,800  
哎呀  
  
539  
00:22:30,920 --> 00:22:34,940  
就是说作为一个失败的一个反面案例啊  
  
540  
00:22:34,940 --> 00:22:37,020  
是我雄心勃勃的想想  
  
541  
00:22:37,020 --> 00:22:39,140  
把内经里的一些一些要旨啊  
  
542  
00:22:39,540 --> 00:22:40,630  
那么呃  
  
543  
00:22:40,710 --> 00:22:42,910  
我说的很简单，叫浅识嘛  
  
544  
00:22:43,190 --> 00:22:44,790  
就是浅浅的去认识啊  
  
545  
00:22:45,290 --> 00:22:48,290  
但我自己知道我讲的是什么东西啊，呃  
  
546  
00:22:49,950 --> 00:22:51,430  
结果这样这样也对  
  
547  
00:22:51,430 --> 00:22:53,110  
我后来想想明白一个道理  
  
548  
00:22:53,470 --> 00:22:54,750  
呃，就像沙寒论  
  
549  
00:22:54,750 --> 00:22:56,750  
你要是不散义了，他就留不下来  
  
550  
00:22:57,240 --> 00:22:57,480  
哎  
  
551  
00:22:57,480 --> 00:23:00,120  
很多东西都是你要想想想想，留点东西啊  
  
552  
00:23:00,120 --> 00:23:01,800  
他都得他都哎  
  
553  
00:23:01,800 --> 00:23:03,880  
好东西留下来都不是一帆风顺的  
  
554  
00:23:04,040 --> 00:23:04,920  
你细琢磨啊  
  
555  
00:23:05,330 --> 00:23:05,530  
哎  
  
556  
00:23:05,530 --> 00:23:06,810  
所以有缘者得之吧  
  
557  
00:23:06,810 --> 00:23:07,810  
有缘者得之吧  
  
558  
00:23:08,450 --> 00:23:11,600  
呃，那么这个一样啊  
  
559  
00:23:11,600 --> 00:23:14,160  
我们说百叶锡纸它是一个取向  
  
560  
00:23:14,760 --> 00:23:16,920  
艾叶三把也是一个取向，对不对啊  
  
561  
00:23:17,160 --> 00:23:18,720  
象中有术，术中有理  
  
562  
00:23:20,310 --> 00:23:22,510  
象就是竖，竖就是礼义也  
  
563  
00:23:22,550 --> 00:23:24,110  
但为什么我们要把它分开  
  
564  
00:23:24,350 --> 00:23:25,790  
因为你直接去讲相  
  
565  
00:23:25,910 --> 00:23:27,030  
大家不容易明白  
  
566  
00:23:28,020 --> 00:23:30,540  
你就得通过这些东西工具对不对啊  
  
567  
00:23:31,020 --> 00:23:32,020  
把它能够，哎  
  
568  
00:23:32,140 --> 00:23:33,860  
近乎于实，像  
  
569  
00:23:34,790 --> 00:23:34,990  
哎  
  
570  
00:23:35,150 --> 00:23:37,190  
生动，超向外亦存无念中  
  
571  
00:23:37,870 --> 00:23:39,830  
你通过这个方法  
  
572  
00:23:39,830 --> 00:23:43,390  
1.1点的去去接近于这个东西的本相啊  
  
573  
00:23:44,870 --> 00:23:46,390  
那么后头呢  
  
574  
00:23:47,350 --> 00:23:48,030  
讲三把  
  
575  
00:23:48,150 --> 00:23:49,630  
其实是为了让他入干木  
  
576  
00:23:49,630 --> 00:23:50,990  
入肝木才能平肝木吧  
  
577  
00:23:51,350 --> 00:23:54,000  
是不是，之后艾叶啊  
  
578  
00:23:54,000 --> 00:23:54,800  
为什么用艾叶  
  
579  
00:23:54,920 --> 00:23:57,400  
我们在伤寒论中用过艾叶吗  
  
580  
00:23:57,910 --> 00:23:59,390  
没有金匮之中经常用  
  
581  
00:23:59,630 --> 00:24:00,910  
而且用艾叶的时候呢  
  
582  
00:24:01,190 --> 00:24:03,990  
往往我们是用于跟血脉有关的地方  
  
583  
00:24:04,390 --> 00:24:06,370  
包括妇人篇、焦外汤  
  
584  
00:24:07,010 --> 00:24:11,140  
呃，只有让热力能够缓缓的入内  
  
585  
00:24:11,420 --> 00:24:13,380  
我们讲冲为血海任主胞胎啊  
  
586  
00:24:13,380 --> 00:24:16,100  
那往里走的时候，咱们才会用到艾叶  
  
587  
00:24:16,500 --> 00:24:17,580  
为什么是这个特点  
  
588  
00:24:17,940 --> 00:24:22,630  
你你细琢磨，艾叶儿跟所有温热的药都有一点是不同的  
  
589  
00:24:22,630 --> 00:24:23,990  
就是艾叶可以直接的燃烧  
  
590  
00:24:25,110 --> 00:24:25,990  
大家发现了吗  
  
591  
00:24:26,450 --> 00:24:28,010  
他直接能行火之令  
  
592  
00:24:28,250 --> 00:24:29,530  
但是他行令的时候  
  
593  
00:24:29,650 --> 00:24:33,850  
我们说你判断一个好艾叶是不是好艾叶的时候  
  
594  
00:24:34,050 --> 00:24:34,850  
他有一个指标  
  
595  
00:24:34,970 --> 00:24:36,210  
大家知道是什么吗  
  
596  
00:24:39,280 --> 00:24:41,400  
好艾叶真正的标准是什么样  
  
597  
00:24:41,920 --> 00:24:43,360  
我们说齐州艾，对吧  
  
598  
00:24:43,680 --> 00:24:45,800  
无论是艾绒啊我  
  
599  
00:24:45,800 --> 00:24:48,950  
我们还是说它真正的好的  
  
600  
00:24:48,950 --> 00:24:53,950  
艾叶的最经典的指标一定是这个东西不烫  
  
601  
00:24:55,440 --> 00:24:56,400  
但是很热  
  
602  
00:24:56,800 --> 00:24:58,040  
大家明白我啥意思了没有  
  
603  
00:24:58,960 --> 00:25:02,240  
就像一个人，他表达的情绪很少  
  
604  
00:25:03,160 --> 00:25:06,160  
但是他的行动很给力  
  
605  
00:25:08,210 --> 00:25:09,690  
一个成熟的人是什么特点  
  
606  
00:25:10,130 --> 00:25:11,570  
他很少有情绪的表达  
  
607  
00:25:12,010 --> 00:25:14,290  
他把所有情绪都化为行动力  
  
608  
00:25:15,100 --> 00:25:16,700  
如果你爱我们的国家  
  
609  
00:25:17,380 --> 00:25:18,380  
少发表言论  
  
610  
00:25:19,110 --> 00:25:21,390  
多去用你的努力改变它  
  
611  
00:25:21,710 --> 00:25:22,710  
明白这个道理了吗  
  
612  
00:25:22,710 --> 00:25:24,990  
让他更好，我们就说这个道理啊  
  
613  
00:25:25,540 --> 00:25:27,940  
而不要没事，我们就多发表言论  
  
614  
00:25:28,260 --> 00:25:29,300  
但是啥也不做  
  
615  
00:25:30,810 --> 00:25:31,930  
明白这个道理了没有  
  
616  
00:25:32,130 --> 00:25:32,410  
哎  
  
617  
00:25:32,630 --> 00:25:35,110  
就是我经常讲讲讲讲的这个道理啊  
  
618  
00:25:35,270 --> 00:25:36,470  
就是这个这个概念  
  
619  
00:25:36,830 --> 00:25:38,310  
那么好的艾叶也是一样  
  
620  
00:25:38,590 --> 00:25:40,590  
那什么样的艾叶是不好反过来啊  
  
621  
00:25:41,080 --> 00:25:42,240  
哎，你烤特别烫  
  
622  
00:25:43,320 --> 00:25:45,200  
但是烤了半天热量没进去  
  
623  
00:25:45,880 --> 00:25:47,000  
明白那道理了没有  
  
624  
00:25:47,360 --> 00:25:48,000  
一样啊  
  
625  
00:25:48,040 --> 00:25:48,680  
与此同理  
  
626  
00:25:49,040 --> 00:25:52,100  
那么艾叶能够好，艾叶啊  
  
627  
00:25:53,060 --> 00:25:55,100  
能够讲究什么呢  
  
628  
00:25:56,160 --> 00:25:57,040  
温啊  
  
629  
00:25:57,800 --> 00:25:59,880  
古人讲叫艾草之温  
  
630  
00:26:00,880 --> 00:26:02,000  
入内而不严  
  
631  
00:26:02,240 --> 00:26:03,640  
就是它能够进到里头  
  
632  
00:26:03,640 --> 00:26:05,320  
但是又不烫，对不对  
  
633  
00:26:05,680 --> 00:26:09,760  
所以说可使凡火归因素藏于土也  
  
634  
00:26:10,040 --> 00:26:11,720  
这是赵以德先生论述  
  
635  
00:26:12,040 --> 00:26:15,660  
你回去翻翻啊，这个反正我给你讲课吧  
  
636  
00:26:15,660 --> 00:26:17,620  
你要是呃上心的话  
  
637  
00:26:17,620 --> 00:26:20,060  
你多多准备比较费钱啊  
  
638  
00:26:20,260 --> 00:26:23,490  
你去多准备点资料，我给大家讲课呢  
  
639  
00:26:23,770 --> 00:26:25,250  
这个我没有收费啊  
  
640  
00:26:25,250 --> 00:26:28,310  
本身就是把他都公开了  
  
641  
00:26:28,310 --> 00:26:29,870  
公开之后呢，呃  
  
642  
00:26:31,440 --> 00:26:32,760  
但是不代表你不花钱  
  
643  
00:26:34,280 --> 00:26:37,240  
你要想把它听好，你得准备很多资料  
  
644  
00:26:37,840 --> 00:26:38,120  
呃  
  
645  
00:26:39,090 --> 00:26:41,610  
你如果说这个说老师  
  
646  
00:26:41,610 --> 00:26:43,810  
我想表达一下感谢哈  
  
647  
00:26:43,850 --> 00:26:45,980  
那那也可以啊  
  
648  
00:26:46,580 --> 00:26:47,780  
你咋表达感谢呢  
  
649  
00:26:48,180 --> 00:26:52,680  
那就是你把病人好好的这个一颗仁爱之心  
  
650  
00:26:52,680 --> 00:26:54,000  
你把它治好啊  
  
651  
00:26:54,000 --> 00:26:56,120  
不要你该取的这个医药费  
  
652  
00:26:56,520 --> 00:26:59,010  
咱们讲叫取之有道，诶  
  
653  
00:26:59,210 --> 00:27:02,610  
然后呢，不要用这些医术去自己啊  
  
654  
00:27:03,170 --> 00:27:07,200  
去这个这个敛财，或者是或者是沽名钓誉  
  
655  
00:27:07,600 --> 00:27:09,400  
那你就是对我的感谢了啊  
  
656  
00:27:09,960 --> 00:27:10,920  
啊，就就行了  
  
657  
00:27:11,520 --> 00:27:11,800  
嗯  
  
658  
00:27:13,290 --> 00:27:14,410  
其他的都没有必要  
  
659  
00:27:14,450 --> 00:27:16,050  
那么我们同同理啊  
  
660  
00:27:16,170 --> 00:27:16,810  
说这个问题  
  
661  
00:27:16,810 --> 00:27:18,370  
艾叶也是，也是这个特点  
  
662  
00:27:18,610 --> 00:27:22,970  
它能够让它的热量怎么样都能够发挥作用  
  
663  
00:27:22,970 --> 00:27:24,970  
发挥到里头，是不是这样啊  
  
664  
00:27:25,890 --> 00:27:26,170  
哎  
  
665  
00:27:27,370 --> 00:27:28,650  
这就是艾叶的特点  
  
666  
00:27:29,650 --> 00:27:29,850  
呃  
  
667  
00:27:30,170 --> 00:27:31,770  
那么这个大家都明白了啊  
  
668  
00:27:31,770 --> 00:27:33,010  
一个干姜能够温脾  
  
669  
00:27:33,290 --> 00:27:36,690  
艾叶呢，能够让它的药力和温热能够往里走  
  
670  
00:27:37,720 --> 00:27:37,920  
哎  
  
671  
00:27:38,000 --> 00:27:41,120  
才能够呃通于冲任之脉  
  
672  
00:27:41,160 --> 00:27:41,680  
对不对啊  
  
673  
00:27:42,160 --> 00:27:43,160  
那么百叶呢  
  
674  
00:27:43,160 --> 00:27:45,740  
能够下气平肝啊  
  
675  
00:27:45,740 --> 00:27:49,860  
能够速降上逆的契机都具备了  
  
676  
00:27:50,800 --> 00:27:55,720  
然后有一个非常非常重要的药引子用谁呢  
  
677  
00:27:56,990 --> 00:27:58,550  
马通知，哎  
  
678  
00:27:58,590 --> 00:28:00,070  
在这就就问题来了  
  
679  
00:28:00,590 --> 00:28:02,830  
那么呃有两个观点啊  
  
680  
00:28:03,440 --> 00:28:05,680  
有一个观点认为马通知是马尿  
  
681  
00:28:07,240 --> 00:28:07,760  
这个呢  
  
682  
00:28:07,840 --> 00:28:09,840  
在古代医家的认知之中  
  
683  
00:28:10,920 --> 00:28:11,920  
占百分数的啊  
  
684  
00:28:12,000 --> 00:28:14,240  
占5%到10%的  
  
685  
00:28:14,520 --> 00:28:16,560  
因为我看的数据还不够全啊  
  
686  
00:28:17,040 --> 00:28:18,840  
呃，我只看了二三十家啊  
  
687  
00:28:18,840 --> 00:28:21,400  
再多了看了就就就就没有精力了  
  
688  
00:28:21,840 --> 00:28:26,650  
就这二三十家里的论述里头，那么基本上啊呃  
  
689  
00:28:26,810 --> 00:28:31,190  
5%到十的观点不完全统计啊  
  
690  
00:28:31,510 --> 00:28:32,550  
那么呃  
  
691  
00:28:33,720 --> 00:28:36,920  
认为是马尿90%吧  
  
692  
00:28:37,690 --> 00:28:40,010  
甚至以上认为是马粪汁儿  
  
693  
00:28:40,360 --> 00:28:42,880  
我们就少数服从多数吧，行不行啊  
  
694  
00:28:42,880 --> 00:28:45,480  
那这也是一个科学的精神对吧  
  
695  
00:28:45,680 --> 00:28:47,470  
少数服从多数，呃  
  
696  
00:28:47,550 --> 00:28:51,150  
那么为啥用马粪汁而不用马尿呢  
  
697  
00:28:55,700 --> 00:28:57,020  
目前这个论点呢  
  
698  
00:28:57,540 --> 00:28:57,740  
呃  
  
699  
00:28:57,740 --> 00:29:01,990  
很遗憾，那么没有定论啊  
  
700  
00:29:01,990 --> 00:29:02,790  
在这没有定论  
  
701  
00:29:02,790 --> 00:29:06,230  
但张老师我呢，有一个观点供大家参考  
  
702  
00:29:06,950 --> 00:29:11,700  
我认为粪汁和尿虽然形态相似  
  
703  
00:29:13,060 --> 00:29:14,420  
但是所出不同  
  
704  
00:29:16,580 --> 00:29:18,020  
哎，我一说大家就明白了  
  
705  
00:29:18,500 --> 00:29:20,660  
那么粪出于庚金  
  
706  
00:29:21,700 --> 00:29:23,020  
尿出于壬水  
  
707  
00:29:23,570 --> 00:29:25,210  
呃，一同学一听就蒙了  
  
708  
00:29:25,410 --> 00:29:26,010  
别蒙啊  
  
709  
00:29:26,050 --> 00:29:29,130  
我再解释一下，庚金者大肠也  
  
710  
00:29:29,730 --> 00:29:31,210  
壬水者膀胱也  
  
711  
00:29:32,400 --> 00:29:33,200  
大家明白了吧  
  
712  
00:29:34,040 --> 00:29:34,800  
表法不同  
  
713  
00:29:35,120 --> 00:29:37,760  
庚金所出庚金者代表什么  
  
714  
00:29:38,040 --> 00:29:39,040  
以金制木  
  
715  
00:29:40,880 --> 00:29:42,120  
以平于肝气  
  
716  
00:29:43,670 --> 00:29:47,470  
那么暗合于赵以德先生治肝木治逆的初衷  
  
717  
00:29:47,470 --> 00:29:49,630  
大家明白了，没有那么尿呢  
  
718  
00:29:49,630 --> 00:29:51,150  
本身是以水生木  
  
719  
00:29:54,300 --> 00:29:55,980  
有可能反而助纣为虐  
  
720  
00:29:56,960 --> 00:29:58,520  
哎，但是关于这个观点呢  
  
721  
00:29:58,800 --> 00:29:59,600  
后世医家呢  
  
722  
00:29:59,760 --> 00:30:00,640  
还有另一个论点  
  
723  
00:30:01,000 --> 00:30:02,760  
呃，有一家认为应该用同辩  
  
724  
00:30:03,210 --> 00:30:04,730  
但这个呢我保留意见啊  
  
725  
00:30:04,730 --> 00:30:07,850  
我觉得就是更新和那个那个那个  
  
726  
00:30:08,810 --> 00:30:10,050  
壬水之间的区别  
  
727  
00:30:10,050 --> 00:30:11,410  
它俩是不同的，对不对啊  
  
728  
00:30:11,410 --> 00:30:12,730  
因为五行上是不一样的  
  
729  
00:30:12,930 --> 00:30:15,410  
那么你要说非得用铜便去带呢  
  
730  
00:30:16,100 --> 00:30:19,710  
呃，我个人认为不如用粪汁儿啊  
  
731  
00:30:19,910 --> 00:30:20,910  
效果会更好  
  
732  
00:30:20,910 --> 00:30:22,710  
但是那个呀，呃  
  
733  
00:30:25,760 --> 00:30:29,240  
还是哎呀，这个我我觉得有点有点画面  
  
734  
00:30:29,240 --> 00:30:31,110  
这个比较那个什么，呃  
  
735  
00:30:31,470 --> 00:30:32,510  
但是是这样啊  
  
736  
00:30:32,510 --> 00:30:35,920  
因为马粪这个东西，其实呃  
  
737  
00:30:36,200 --> 00:30:38,400  
我要得到它还比较容易啊  
  
738  
00:30:38,440 --> 00:30:40,360  
就是这个，呃  
  
739  
00:30:40,480 --> 00:30:42,480  
其实过去来说挺多啊  
  
740  
00:30:42,480 --> 00:30:45,600  
我们讲你不能说那这个东西又仲景先师怎么弄了  
  
741  
00:30:45,600 --> 00:30:48,240  
一个这么难以得到的东西出来  
  
742  
00:30:48,750 --> 00:30:49,030  
我  
  
743  
00:30:49,310 --> 00:30:50,910  
我们不要那样苛责古人  
  
744  
00:30:52,120 --> 00:30:53,400  
对未来人来说啊  
  
745  
00:30:53,400 --> 00:30:55,600  
你比如说我们把手机壳入药  
  
746  
00:30:55,600 --> 00:30:57,320  
我打一个极端的比比方啊  
  
747  
00:30:57,480 --> 00:30:58,920  
我说手机壳以后能入药  
  
748  
00:30:59,240 --> 00:31:01,120  
当然他它它最好别入药  
  
749  
00:31:01,160 --> 00:31:03,360  
本身那都是那个聚乙烯，对吧  
  
750  
00:31:03,360 --> 00:31:04,320  
那个塑料的东西  
  
751  
00:31:04,720 --> 00:31:05,920  
那我们打个比方嘛  
  
752  
00:31:06,920 --> 00:31:09,320  
那么对于当代人来说，他是唾手可得的  
  
753  
00:31:09,600 --> 00:31:12,160  
古代马是主要的一个交通工具，对不对啊  
  
754  
00:31:12,400 --> 00:31:13,200  
它特别多  
  
755  
00:31:13,200 --> 00:31:15,480  
马粪，多到你质疑人生  
  
756  
00:31:15,480 --> 00:31:16,000  
哈哈  
  
757  
00:31:16,160 --> 00:31:17,200  
就多到那样  
  
758  
00:31:17,200 --> 00:31:20,320  
你每天都得清一车一车，清那么那么多  
  
759  
00:31:21,240 --> 00:31:21,840  
我们就说  
  
760  
00:31:22,380 --> 00:31:24,140  
呃，古人很容易得到这个东西  
  
761  
00:31:24,140 --> 00:31:25,460  
而且马粪，你要知道啊  
  
762  
00:31:26,260 --> 00:31:27,220  
马粪有它的特点  
  
763  
00:31:27,420 --> 00:31:28,700  
它特别容易榨汁  
  
764  
00:31:30,190 --> 00:31:31,070  
特别容易榨汁  
  
765  
00:31:31,070 --> 00:31:34,630  
有机会，我给你拿两块看一下你就知道为什么  
  
766  
00:31:34,630 --> 00:31:36,230  
因为马吃的东西，它是粗纤维  
  
767  
00:31:36,590 --> 00:31:37,470  
它消化呀  
  
768  
00:31:37,790 --> 00:31:39,470  
其实消化之后，它里头全是草  
  
769  
00:31:40,600 --> 00:31:41,560  
你轻轻一握  
  
770  
00:31:41,560 --> 00:31:43,000  
他自己那个汁儿都往出淌  
  
771  
00:31:43,040 --> 00:31:43,600  
明白了吗  
  
772  
00:31:43,840 --> 00:31:44,800  
他很容易得到  
  
773  
00:31:45,160 --> 00:31:46,880  
另外一则马还有一个特点  
  
774  
00:31:48,200 --> 00:31:49,800  
马大便有一个特征  
  
775  
00:31:50,280 --> 00:31:52,320  
经常是在走路之后才大便  
  
776  
00:31:53,820 --> 00:31:56,860  
你比如说我们出去有一个特别烦的一个点啊  
  
777  
00:31:56,860 --> 00:31:58,380  
你比如我们要是野外骑乘啊  
  
778  
00:31:58,380 --> 00:31:58,820  
打个比方  
  
779  
00:31:58,820 --> 00:32:00,300  
你到公路上  
  
780  
00:32:00,300 --> 00:32:02,870  
那你就得想个办法，让马走几步  
  
781  
00:32:03,030 --> 00:32:03,230  
哎  
  
782  
00:32:03,230 --> 00:32:05,270  
马有的时候，在那自己静止的时候  
  
783  
00:32:05,270 --> 00:32:06,110  
它不，它不拉屎  
  
784  
00:32:06,110 --> 00:32:06,670  
你知道吗  
  
785  
00:32:07,570 --> 00:32:08,770  
它飞什么时候拉呢  
  
786  
00:32:09,130 --> 00:32:09,330  
哎  
  
787  
00:32:09,330 --> 00:32:10,090  
走一段之后  
  
788  
00:32:10,090 --> 00:32:10,330  
嗯  
  
789  
00:32:10,330 --> 00:32:10,930  
他觉得我  
  
790  
00:32:10,930 --> 00:32:12,810  
我，我得放松一下啊  
  
791  
00:32:13,210 --> 00:32:14,090  
特别烦人啊  
  
792  
00:32:14,090 --> 00:32:15,130  
众目睽睽，哎  
  
793  
00:32:15,130 --> 00:32:16,330  
这个一堆就拉出来了  
  
794  
00:32:16,330 --> 00:32:17,850  
然后你还得把他收拾了，对吧  
  
795  
00:32:18,090 --> 00:32:19,330  
得想办法扫了  
  
796  
00:32:19,680 --> 00:32:19,880  
呃  
  
797  
00:32:20,000 --> 00:32:22,040  
要不这个我们讲叫城市文明嘛  
  
798  
00:32:22,040 --> 00:32:22,320  
对吧  
  
799  
00:32:22,720 --> 00:32:23,840  
咱们就说这个问题  
  
800  
00:32:24,320 --> 00:32:28,040  
那他走路的时候去去大便，说明一个问题  
  
801  
00:32:28,680 --> 00:32:30,040  
在运动之中  
  
802  
00:32:30,920 --> 00:32:32,440  
那么马为火兽  
  
803  
00:32:33,920 --> 00:32:34,360  
什么东西  
  
804  
00:32:34,360 --> 00:32:35,720  
是运动的血液  
  
805  
00:32:37,810 --> 00:32:40,090  
则能走血分，大家明白这个道理了吧  
  
806  
00:32:41,090 --> 00:32:41,290  
哎  
  
807  
00:32:41,970 --> 00:32:45,370  
而且马甚至是什么样的你你你你就是  
  
808  
00:32:46,010 --> 00:32:48,410  
一般马拉屎我们都会让他停下啊  
  
809  
00:32:48,890 --> 00:32:49,970  
但是有的人不知道  
  
810  
00:32:49,970 --> 00:32:53,580  
比如说在行走的过程中，马想排便了  
  
811  
00:32:53,580 --> 00:32:55,220  
它自己会想站在那  
  
812  
00:32:55,220 --> 00:32:55,980  
因为很正常  
  
813  
00:32:56,340 --> 00:32:59,540  
我们任何人在排便的时候你都想静下来是不是  
  
814  
00:33:00,010 --> 00:33:02,130  
但是有的人不知道他还是让他接着走  
  
815  
00:33:02,570 --> 00:33:04,890  
马是能一边走的时候一边拉的  
  
816  
00:33:06,010 --> 00:33:06,690  
咱们谁能  
  
817  
00:33:09,720 --> 00:33:10,880  
咱们要是能，那就是病  
  
818  
00:33:11,000 --> 00:33:11,320  
对吧  
  
819  
00:33:11,320 --> 00:33:13,560  
那叫失禁，是不是那回事  
  
820  
00:33:13,960 --> 00:33:14,240  
哎  
  
821  
00:33:14,240 --> 00:33:14,760  
那就是病  
  
822  
00:33:15,120 --> 00:33:16,240  
但是马是可以的  
  
823  
00:33:16,870 --> 00:33:18,150  
是不是一边走一边拉  
  
824  
00:33:18,390 --> 00:33:21,420  
说明他在能运动之中去排便  
  
825  
00:33:21,900 --> 00:33:22,100  
哎  
  
826  
00:33:22,500 --> 00:33:24,700  
宛若这个营卫通行之状态  
  
827  
00:33:25,100 --> 00:33:26,580  
宛若血液之流动啊  
  
828  
00:33:27,060 --> 00:33:28,540  
那所以则能入血脉  
  
829  
00:33:28,950 --> 00:33:30,790  
因此我个人认为，所以用马者  
  
830  
00:33:31,070 --> 00:33:32,110  
以马为火处  
  
831  
00:33:32,590 --> 00:33:35,970  
以其潜行之中，犹能下愤  
  
832  
00:33:36,490 --> 00:33:36,690  
唉  
  
833  
00:33:36,690 --> 00:33:39,090  
因此其粪汁儿能入于血脉  
  
834  
00:33:39,490 --> 00:33:42,130  
又以其处于庚金  
  
835  
00:33:42,790 --> 00:33:46,070  
从从从那个那个那个大肠之中出来的吧  
  
836  
00:33:46,390 --> 00:33:47,910  
所以它能治肝木，治伤逆  
  
837  
00:33:48,150 --> 00:33:50,430  
因此你看古人取向啊  
  
838  
00:33:50,550 --> 00:33:51,990  
它它取什么东西的  
  
839  
00:33:51,990 --> 00:33:54,830  
那个那个像非常细腻，对不对啊  
  
840  
00:33:55,230 --> 00:34:00,180  
入微完全是象数里三位一体相合的这个运用啊  
  
841  
00:34:01,750 --> 00:34:05,750  
当然跑不出去河图和洛书十天干和12地支啊  
  
842  
00:34:05,750 --> 00:34:09,350  
在这我就说的比较比较绝对一点啊  
  
843  
00:34:09,350 --> 00:34:11,350  
跑不出去，为啥呢  
  
844  
00:34:11,670 --> 00:34:15,060  
十天干12地支就是阴阳，真跑不出去  
  
845  
00:34:15,060 --> 00:34:17,820  
你这个东西有人认为说中医有很多东西  
  
846  
00:34:17,820 --> 00:34:20,620  
那那你是不是既然你是取向  
  
847  
00:34:20,659 --> 00:34:21,900  
你就是模糊的错了  
  
848  
00:34:22,139 --> 00:34:23,300  
取向是很具体的  
  
849  
00:34:24,060 --> 00:34:25,139  
为啥我这么说呢  
  
850  
00:34:25,500 --> 00:34:26,780  
临床作为验证  
  
851  
00:34:28,239 --> 00:34:30,800  
那么如果你取的不准，患者真不好啊  
  
852  
00:34:31,400 --> 00:34:33,080  
患者不好，他真不来挂号啊  
  
853  
00:34:33,080 --> 00:34:36,400  
同学们，你别听我在这侃侃而谈啊  
  
854  
00:34:36,440 --> 00:34:40,400  
你好像觉得老师那这东西我咋取都行，是你咋取都行  
  
855  
00:34:40,639 --> 00:34:42,960  
但是你咋取了之后治好了才行  
  
856  
00:34:43,230 --> 00:34:44,350  
明白那个道理了没有  
  
857  
00:34:44,909 --> 00:34:45,110  
哎  
  
858  
00:34:45,150 --> 00:34:47,070  
前几天我有一患者，呃  
  
859  
00:34:47,310 --> 00:34:48,590  
给我发一个信息啊  
  
860  
00:34:48,750 --> 00:34:51,790  
小孩那个浑身长皮疹，长得麻麻赖赖的  
  
861  
00:34:52,770 --> 00:34:55,370  
两个月孩子没法吃中药，那怎么办啊  
  
862  
00:34:56,040 --> 00:34:57,280  
我整了几种蔬菜  
  
863  
00:34:57,600 --> 00:34:58,640  
我说你吃这个吧  
  
864  
00:34:59,320 --> 00:35:00,080  
他说能行吗  
  
865  
00:35:00,080 --> 00:35:01,920  
我在吉大医院住了啊  
  
866  
00:35:02,080 --> 00:35:04,240  
我在某个三甲医院住了一个月啊  
  
867  
00:35:04,760 --> 00:35:05,680  
呃，他都没好  
  
868  
00:35:07,160 --> 00:35:12,360  
那个让我继续观察我就害怕小孩他能不能严重了啊我  
  
869  
00:35:12,360 --> 00:35:14,240  
我说你，你先别说这个你先用  
  
870  
00:35:14,720 --> 00:35:14,960  
哎  
  
871  
00:35:14,960 --> 00:35:17,400  
用了之后一周退下去了一大半  
  
872  
00:35:17,640 --> 00:35:19,440  
两周彻底痊愈，再也没犯  
  
873  
00:35:20,160 --> 00:35:21,160  
那我们就说这个问题  
  
874  
00:35:21,560 --> 00:35:23,760  
呃，你取向可以  
  
875  
00:35:24,760 --> 00:35:26,800  
那取这些蔬菜就是我们平时吃的吧  
  
876  
00:35:27,800 --> 00:35:30,720  
你把它治好了算你本事，为什么  
  
877  
00:35:32,550 --> 00:35:34,550  
我们最后得验证啊  
  
878  
00:35:34,590 --> 00:35:37,150  
那你不能说我这东西我我我拍脑门就来了  
  
879  
00:35:37,150 --> 00:35:38,350  
我认为我取的是准的  
  
880  
00:35:39,230 --> 00:35:40,470  
讲的时候谁都能讲  
  
881  
00:35:41,300 --> 00:35:42,060  
那验证呢  
  
882  
00:35:42,100 --> 00:35:42,580  
对不对啊  
  
883  
00:35:42,580 --> 00:35:44,420  
那咱们得拿事实说话呀  
  
884  
00:35:46,560 --> 00:35:47,200  
嗯好  
  
885  
00:35:48,320 --> 00:35:49,080  
接着往下啊  
  
886  
00:35:50,880 --> 00:35:51,160  
呃  
  
887  
00:35:53,230 --> 00:35:55,830  
下血先便后血，此远血也  
  
888  
00:35:55,830 --> 00:35:58,350  
黄土汤主之，这个汤证条文呢  
  
889  
00:35:58,390 --> 00:36:00,390  
非常的经典啊黄土汤  
  
890  
00:36:04,960 --> 00:36:05,920  
黄土是啥呀  
  
891  
00:36:08,240 --> 00:36:09,560  
灶中黄土  
  
892  
00:36:12,360 --> 00:36:13,600  
现在还整不着呢  
  
893  
00:36:14,460 --> 00:36:16,820  
我们其实能整着，我经常让患者用  
  
894  
00:36:16,820 --> 00:36:17,100  
对吧  
  
895  
00:36:17,540 --> 00:36:18,860  
我那个门诊学生啊  
  
896  
00:36:18,860 --> 00:36:20,820  
他们知道我经常用这个黄土  
  
897  
00:36:21,300 --> 00:36:23,700  
呃，但是有一点就不太好弄  
  
898  
00:36:24,130 --> 00:36:28,330  
我们那个基本上我都让患者到某个药房去买  
  
899  
00:36:28,330 --> 00:36:29,610  
而且都都能买着  
  
900  
00:36:29,610 --> 00:36:30,210  
常年都有  
  
901  
00:36:30,530 --> 00:36:31,970  
但现在出现了一个问题啊  
  
902  
00:36:32,950 --> 00:36:36,270  
首先现在随着城市化的规模越来越大  
  
903  
00:36:36,990 --> 00:36:37,910  
农村越来越少  
  
904  
00:36:37,910 --> 00:36:39,950  
我们说没有农村，你就没有那个灶  
  
905  
00:36:40,570 --> 00:36:43,010  
第二，由于这个灶呢  
  
906  
00:36:43,970 --> 00:36:45,130  
现在还有一个问题  
  
907  
00:36:45,690 --> 00:36:47,650  
由于现在他啥都烧  
  
908  
00:36:48,790 --> 00:36:49,390  
你知道吗  
  
909  
00:36:49,390 --> 00:36:50,630  
现在有一个习惯啊  
  
910  
00:36:50,630 --> 00:36:52,990  
就是说在农村啊，呃  
  
911  
00:36:53,920 --> 00:36:57,800  
有有有有很多人，他这个尤其一些塑料啊  
  
912  
00:36:57,840 --> 00:36:59,320  
包括电线啊等等啊  
  
913  
00:37:00,200 --> 00:37:03,000  
他倒垃圾也是盗，他烧了也是烧  
  
914  
00:37:03,040 --> 00:37:06,240  
他对这个东西呢，它它也不见得很有意识  
  
915  
00:37:06,920 --> 00:37:08,040  
所以他什么东西都烧  
  
916  
00:37:08,200 --> 00:37:10,080  
造成那些东西反而有可能会有毒  
  
917  
00:37:10,920 --> 00:37:13,520  
所以造芯土不敢用啊，同学们啊嗯  
  
918  
00:37:14,290 --> 00:37:15,170  
但是所以怎么办  
  
919  
00:37:15,170 --> 00:37:15,970  
有没有办法解决  
  
920  
00:37:15,970 --> 00:37:17,620  
有啊你  
  
921  
00:37:17,620 --> 00:37:19,420  
你看那个工地，呃  
  
922  
00:37:19,420 --> 00:37:22,100  
这是我师父沈先生教我的那个工地呢  
  
923  
00:37:23,140 --> 00:37:23,420  
呃  
  
924  
00:37:24,770 --> 00:37:26,210  
是不是有的地方打地基啊  
  
925  
00:37:27,110 --> 00:37:28,470  
你看那个我们东北黑土地  
  
926  
00:37:28,470 --> 00:37:31,830  
黑土地往下一米深以下会有一层黄土  
  
927  
00:37:32,670 --> 00:37:33,590  
那个黄土叫什么  
  
928  
00:37:33,590 --> 00:37:34,430  
叫沙黄土  
  
929  
00:37:35,300 --> 00:37:36,620  
你把那个黄土抠出来  
  
930  
00:37:36,900 --> 00:37:38,740  
那么它是不是代表哎  
  
931  
00:37:38,820 --> 00:37:40,020  
脾主肌肉，那个像啊  
  
932  
00:37:40,380 --> 00:37:43,840  
色黄而且在里，你把它拿出来再炒炒不就行了吗  
  
933  
00:37:44,080 --> 00:37:44,880  
也能替代  
  
934  
00:37:45,080 --> 00:37:46,240  
但是效果没那么好  
  
935  
00:37:46,360 --> 00:37:46,760  
为啥  
  
936  
00:37:47,000 --> 00:37:49,760  
因为我们说灶心的黄土，他是久经锻炼的  
  
937  
00:37:50,050 --> 00:37:53,290  
是不是久经火炼它才能有火土相生之意  
  
938  
00:37:53,530 --> 00:37:55,130  
因此说用哪个药呢  
  
939  
00:37:55,360 --> 00:37:55,960  
我认为是  
  
940  
00:37:55,960 --> 00:37:56,360  
其次  
  
941  
00:37:56,360 --> 00:37:58,440  
我始终是有点这一点啊  
  
942  
00:37:58,720 --> 00:38:00,520  
跟很多一家的观点不一样  
  
943  
00:38:01,260 --> 00:38:04,140  
我认为你不用纠结仲景先师用的是哪个  
  
944  
00:38:05,840 --> 00:38:08,120  
我说句实话啊  
  
945  
00:38:09,000 --> 00:38:13,200  
就是你不能纠结这个这个这个这个  
  
946  
00:38:15,050 --> 00:38:17,010  
仲景先师当初用的是哪个  
  
947  
00:38:17,940 --> 00:38:20,060  
因为你真的找到当初那个地方  
  
948  
00:38:20,060 --> 00:38:21,340  
或者找到当初那个人  
  
949  
00:38:21,740 --> 00:38:23,820  
你发现已经物是人非  
  
950  
00:38:24,420 --> 00:38:25,540  
明白那个道理了没有  
  
951  
00:38:26,310 --> 00:38:27,310  
你找到当初那个人  
  
952  
00:38:27,310 --> 00:38:30,030  
你发现那个人现在跟你想的已经不是一个理想了  
  
953  
00:38:30,430 --> 00:38:31,630  
你找到当初那个地方  
  
954  
00:38:31,630 --> 00:38:33,990  
你发现这个地方已经不适合再做事情了  
  
955  
00:38:35,310 --> 00:38:35,750  
对不对  
  
956  
00:38:36,350 --> 00:38:37,870  
而你要找的是什么  
  
957  
00:38:37,870 --> 00:38:39,790  
当初那个人和那个地方  
  
958  
00:38:40,710 --> 00:38:42,670  
那么我们在那个地方  
  
959  
00:38:42,750 --> 00:38:45,740  
我们与这个人，我们共同的理想  
  
960  
00:38:46,100 --> 00:38:48,020  
也就是你要找到你要干什么  
  
961  
00:38:48,780 --> 00:38:49,780  
这是真正的事  
  
962  
00:38:50,020 --> 00:38:50,700  
不一定啊  
  
963  
00:38:50,700 --> 00:38:52,940  
我告诉你，人生是一场孤独的旅行  
  
964  
00:38:54,090 --> 00:38:58,130  
不是所有人都能跟你永远在同一条道路上  
  
965  
00:38:58,410 --> 00:39:00,330  
所以我呢，很珍惜我的同道  
  
966  
00:39:00,770 --> 00:39:03,120  
很珍惜我的师友和学生  
  
967  
00:39:03,520 --> 00:39:04,040  
为什么  
  
968  
00:39:04,320 --> 00:39:08,010  
因为这些人啊，是跟你一同的理想  
  
969  
00:39:08,370 --> 00:39:11,890  
我们的最后的革命目标是一致的，对不对啊  
  
970  
00:39:12,570 --> 00:39:12,810  
诶  
  
971  
00:39:13,290 --> 00:39:15,130  
我们最终的革命目标是一样的  
  
972  
00:39:15,660 --> 00:39:17,660  
那么都是为了去实现这个事  
  
973  
00:39:18,180 --> 00:39:21,100  
所以你了解仲景先师每一味药  
  
974  
00:39:21,100 --> 00:39:25,620  
他想要干的事情比找到这味药本身更重要  
  
975  
00:39:26,580 --> 00:39:27,900  
那么他想干什么事情  
  
976  
00:39:28,650 --> 00:39:30,530  
火土相生，明白了吧  
  
977  
00:39:30,850 --> 00:39:31,690  
以火生土  
  
978  
00:39:32,090 --> 00:39:34,250  
以土生火，是不是这样呢  
  
979  
00:39:34,290 --> 00:39:35,210  
绝对是啊  
  
980  
00:39:35,610 --> 00:39:36,250  
绝对是  
  
981  
00:39:37,220 --> 00:39:37,420  
呃  
  
982  
00:39:38,900 --> 00:39:41,860  
郑钦安先生对这个的论述最为精到  
  
983  
00:39:43,010 --> 00:39:43,730  
他认为啊  
  
984  
00:39:44,330 --> 00:39:49,160  
黄土汤的立法是先后天同用的立法  
  
985  
00:39:49,640 --> 00:39:49,880  
哎  
  
986  
00:39:49,880 --> 00:39:51,400  
这个非常精道啊  
  
987  
00:39:51,640 --> 00:39:52,400  
为什么这么说呢  
  
988  
00:39:52,400 --> 00:39:53,400  
那啥叫先后天同用  
  
989  
00:39:53,400 --> 00:39:54,520  
我一说很多人懵了  
  
990  
00:39:54,980 --> 00:39:57,420  
那我告诉你，父母就是孩子的先天  
  
991  
00:39:57,940 --> 00:39:59,140  
孩子就是父母的后天  
  
992  
00:39:59,140 --> 00:39:59,820  
你信不信  
  
993  
00:40:00,480 --> 00:40:02,320  
你承认这个就行了，就好办了  
  
994  
00:40:02,800 --> 00:40:03,600  
为啥好办了  
  
995  
00:40:04,840 --> 00:40:06,640  
心火能生脾土承认不  
  
996  
00:40:08,410 --> 00:40:11,170  
相对的先天相对的后天是不是这个道理啊  
  
997  
00:40:11,730 --> 00:40:14,290  
那么所以说，脾阳之衰  
  
998  
00:40:15,930 --> 00:40:19,610  
补脾必先怎么样助火这个是郑钦安说的  
  
999  
00:40:19,890 --> 00:40:20,490  
明白了吧  
  
1000  
00:40:22,080 --> 00:40:23,680  
那么所以从这个论点上  
  
1001  
00:40:23,680 --> 00:40:27,760  
我们延伸郑钦安先生给你列出了一二、三  
  
1002  
00:40:28,180 --> 00:40:28,980  
三点立法  
  
1003  
00:40:28,980 --> 00:40:32,300  
我认为这个方正正公的论述尤为精道啊  
  
1004  
00:40:33,140 --> 00:40:33,900  
尤为精到  
  
1005  
00:40:36,120 --> 00:40:36,960  
那他怎么说的  
  
1006  
00:40:37,320 --> 00:40:42,030  
第一父子能够壮元阳没错吧  
  
1007  
00:40:42,790 --> 00:40:45,350  
那么壮元阳其实他说的是什么  
  
1008  
00:40:47,000 --> 00:40:49,360  
元阳是啥呀  
  
1009  
00:40:49,640 --> 00:40:50,880  
那不就是补火吗  
  
1010  
00:40:54,340 --> 00:40:55,620  
补脾必先助火吧  
  
1011  
00:40:56,580 --> 00:40:58,820  
那么你把火补脾来补起来之后  
  
1012  
00:40:58,980 --> 00:41:02,260  
那不就是比补了脾阳的先天吗  
  
1013  
00:41:03,010 --> 00:41:03,330  
是吧  
  
1014  
00:41:03,530 --> 00:41:05,010  
所以这个就是补脾阳用的啊  
  
1015  
00:41:05,770 --> 00:41:07,290  
这是第一第二  
  
1016  
00:41:08,900 --> 00:41:12,300  
白术甘草和黄土，它干什么  
  
1017  
00:41:12,740 --> 00:41:13,660  
助脾气  
  
1018  
00:41:15,490 --> 00:41:19,730  
黄土本身我们说那么它本身是古人，是做饭用的吧  
  
1019  
00:41:20,630 --> 00:41:21,430  
做饭用的  
  
1020  
00:41:21,470 --> 00:41:23,590  
那么我们说人没了饭是不是不行啊  
  
1021  
00:41:24,070 --> 00:41:25,870  
哎，那脾胃为后天之本啊  
  
1022  
00:41:26,230 --> 00:41:27,110  
没了饭不行  
  
1023  
00:41:27,670 --> 00:41:27,950  
呃  
  
1024  
00:41:29,660 --> 00:41:32,140  
所以用它助脾气，加上白术甘草  
  
1025  
00:41:32,890 --> 00:41:33,650  
那么相反  
  
1026  
00:41:34,290 --> 00:41:35,810  
一对三味药  
  
1027  
00:41:36,490 --> 00:41:39,730  
生地阿胶和黄芹这三味药干什么呢  
  
1028  
00:41:39,730 --> 00:41:40,890  
能够滋脾阴  
  
1029  
00:41:43,140 --> 00:41:45,420  
猪草黄土助脾气  
  
1030  
00:41:46,710 --> 00:41:50,350  
地焦黄芹资品音，这个方你还用背吗  
  
1031  
00:41:51,600 --> 00:41:52,520  
完全不用了吧  
  
1032  
00:41:53,280 --> 00:41:55,600  
哎，一分钟把这方就背下来了  
  
1033  
00:41:56,240 --> 00:41:58,880  
那么我们讲整个方的组成  
  
1034  
00:41:59,700 --> 00:42:02,540  
一个立脚于脾脾土的先天  
  
1035  
00:42:02,700 --> 00:42:04,100  
一个立脚于脾土的后天  
  
1036  
00:42:04,780 --> 00:42:07,870  
立足于先天，则是立足于父子  
  
1037  
00:42:09,370 --> 00:42:12,130  
是不是用附子去补先天之火  
  
1038  
00:42:13,130 --> 00:42:14,530  
那么一个立足于后天  
  
1039  
00:42:15,170 --> 00:42:18,420  
立足于脾阳和脾阴  
  
1040  
00:42:19,380 --> 00:42:19,580  
哎  
  
1041  
00:42:19,660 --> 00:42:21,540  
去治脾气的啊  
  
1042  
00:42:21,980 --> 00:42:27,870  
黄土猪草资匹阴的黄琴递交完事了  
  
1043  
00:42:29,440 --> 00:42:31,560  
那么暗合于难经，第42呢  
  
1044  
00:42:32,440 --> 00:42:34,120  
脾裹血，温五脏  
  
1045  
00:42:36,380 --> 00:42:37,740  
呃，关于这个用法呢  
  
1046  
00:42:39,170 --> 00:42:41,050  
唐川先生也有话说啊哈  
  
1047  
00:42:41,410 --> 00:42:44,810  
唐川先生写了著名的血证论，对不对啊  
  
1048  
00:42:45,140 --> 00:42:48,820  
那么论血症，他是绕不过去的一个一个大家啊  
  
1049  
00:42:49,780 --> 00:42:52,300  
唐公说这么一句话，说这个方啊  
  
1050  
00:42:53,270 --> 00:42:53,950  
有个特点  
  
1051  
00:42:55,070 --> 00:42:57,590  
兼用清温呃温清之品  
  
1052  
00:42:57,590 --> 00:43:00,470  
以核制温清制品啊  
  
1053  
00:43:00,470 --> 00:43:01,270  
他说了两个字  
  
1054  
00:43:04,940 --> 00:43:07,740  
兼用就是并用的意思啊  
  
1055  
00:43:07,740 --> 00:43:08,420  
兼用什么呢  
  
1056  
00:43:09,700 --> 00:43:14,510  
温和氢是不是你和知  
  
1057  
00:43:17,780 --> 00:43:22,640  
为什么下血崩中之总方漏下呀  
  
1058  
00:43:22,720 --> 00:43:23,280  
崩中啊  
  
1059  
00:43:23,520 --> 00:43:24,840  
所以历代医家啊  
  
1060  
00:43:24,840 --> 00:43:26,200  
这不是唐仁川说的  
  
1061  
00:43:26,200 --> 00:43:27,840  
也不是某一个医家说的  
  
1062  
00:43:28,040 --> 00:43:30,700  
是历代医家都认为啊  
  
1063  
00:43:30,700 --> 00:43:33,820  
包括我我我我本人在内啊  
  
1064  
00:43:33,940 --> 00:43:34,740  
墨学啊  
  
1065  
00:43:35,580 --> 00:43:39,380  
我本人在内，我认为这个治疗血症啊  
  
1066  
00:43:39,900 --> 00:43:41,500  
加加减减大家明白了没有  
  
1067  
00:43:41,500 --> 00:43:43,100  
因为他抓住了一个根本的核心  
  
1068  
00:43:43,640 --> 00:43:45,560  
就像我们之前讲黄疸之病，对吧  
  
1069  
00:43:45,560 --> 00:43:48,050  
他抓住了核心一样啊  
  
1070  
00:43:48,130 --> 00:43:50,810  
那黄疸，那那么所谓预热以形嘛  
  
1071  
00:43:50,930 --> 00:43:51,570  
脾色必黄  
  
1072  
00:43:51,570 --> 00:43:52,530  
你抓住了他的核心  
  
1073  
00:43:52,730 --> 00:43:53,810  
这个也是一个道理  
  
1074  
00:43:54,730 --> 00:43:58,120  
抓住了脾火土相生的道理对不对啊  
  
1075  
00:43:58,720 --> 00:43:58,920  
哎  
  
1076  
00:43:58,920 --> 00:44:02,400  
那么脾还有一个作用，能调气机升降吗  
  
1077  
00:44:03,930 --> 00:44:04,970  
气机升降得调  
  
1078  
00:44:05,370 --> 00:44:07,530  
那么则阴阳相搏得解嘛  
  
1079  
00:44:08,650 --> 00:44:09,490  
是不是这回事啊  
  
1080  
00:44:09,690 --> 00:44:14,190  
那么所以说，兼用温清下血崩中置土方  
  
1081  
00:44:14,190 --> 00:44:16,510  
那么很多漏血症你都可以用它去调  
  
1082  
00:44:16,790 --> 00:44:17,790  
只是你怎么加减  
  
1083  
00:44:18,100 --> 00:44:19,020  
那么咋加减呢  
  
1084  
00:44:19,060 --> 00:44:21,060  
唐川先生给咱们做了一个示范  
  
1085  
00:44:21,260 --> 00:44:21,820  
他这么说  
  
1086  
00:44:22,140 --> 00:44:24,620  
热症可去附子，再加清药  
  
1087  
00:44:25,390 --> 00:44:27,590  
寒症可去黄秦，再加温药  
  
1088  
00:44:27,590 --> 00:44:28,190  
完事了吗  
  
1089  
00:44:28,730 --> 00:44:30,490  
无非是执其两端啊  
  
1090  
00:44:30,490 --> 00:44:32,770  
你把两端抓住，那偏热的病  
  
1091  
00:44:33,130 --> 00:44:36,610  
你就把他的那个那个那个热药减一减  
  
1092  
00:44:37,380 --> 00:44:38,300  
良药再加一点  
  
1093  
00:44:38,300 --> 00:44:40,900  
儿偏于寒症，你怎么办啊  
  
1094  
00:44:41,480 --> 00:44:42,800  
把他的温药加一点  
  
1095  
00:44:43,000 --> 00:44:45,080  
两个药减一点，那不就行了吗  
  
1096  
00:44:46,440 --> 00:44:48,400  
那么阴阳握于你手  
  
1097  
00:44:49,940 --> 00:44:52,460  
行乎于中道就行了嘛  
  
1098  
00:44:52,860 --> 00:44:53,140  
哎  
  
1099  
00:44:54,370 --> 00:44:57,890  
所以这张方法在临床上我们应用还是比较多的  
  
1100  
00:44:57,890 --> 00:45:01,210  
那么很多额下血之症我们都用  
  
1101  
00:45:01,720 --> 00:45:03,600  
尤其是条文是这么讲叫先变  
  
1102  
00:45:03,600 --> 00:45:05,170  
后续，那么是啥呀  
  
1103  
00:45:05,410 --> 00:45:07,930  
你看一开始出大便之后就把血拉下来了  
  
1104  
00:45:08,210 --> 00:45:10,770  
那在我们今天临床上认为啊，是肠道  
  
1105  
00:45:11,040 --> 00:45:11,840  
这个叫远穴  
  
1106  
00:45:11,880 --> 00:45:12,360  
对不对啊  
  
1107  
00:45:12,440 --> 00:45:14,960  
我们今天临床上依然这么叫叫近穴和远穴  
  
1108  
00:45:15,280 --> 00:45:19,150  
远穴就是这个所谓脏腑啊，为主的出血  
  
1109  
00:45:20,140 --> 00:45:20,700  
是不是  
  
1110  
00:45:20,940 --> 00:45:22,900  
那么其实我们回归到气机升降  
  
1111  
00:45:23,220 --> 00:45:24,780  
那么脏腑为啥输血了  
  
1112  
00:45:25,170 --> 00:45:26,090  
因为血小板低  
  
1113  
00:45:26,410 --> 00:45:27,530  
那为啥血小板低啊  
  
1114  
00:45:27,530 --> 00:45:28,770  
因为脾不能通血吗  
  
1115  
00:45:30,000 --> 00:45:30,640  
是不是这回事  
  
1116  
00:45:30,640 --> 00:45:31,480  
同学们，哎  
  
1117  
00:45:31,480 --> 00:45:32,640  
那不还是一个道理吗  
  
1118  
00:45:33,760 --> 00:45:34,720  
好翻过来  
  
1119  
00:45:37,240 --> 00:45:37,440  
呃  
  
1120  
00:45:37,960 --> 00:45:39,820  
赤豆当归散  
  
1121  
00:45:40,580 --> 00:45:42,740  
咱们以前啊，曾经讲过一次  
  
1122  
00:45:42,940 --> 00:45:43,460  
对不对啊  
  
1123  
00:45:43,820 --> 00:45:46,260  
所谓目如鸠演，那个是农已成  
  
1124  
00:45:46,840 --> 00:45:47,040  
呃  
  
1125  
00:45:47,040 --> 00:45:49,160  
我们说它能治各种浓阳之病  
  
1126  
00:45:49,920 --> 00:45:50,200  
呃  
  
1127  
00:45:50,370 --> 00:45:51,450  
那包括呢  
  
1128  
00:45:51,530 --> 00:45:52,810  
所谓目如鸠眼啊  
  
1129  
00:45:53,290 --> 00:45:54,730  
揪眼不就是眼睛红吗  
  
1130  
00:45:54,730 --> 00:45:55,890  
我们过去有一种病  
  
1131  
00:45:55,890 --> 00:45:57,600  
现在少见，叫红眼病  
  
1132  
00:45:57,840 --> 00:45:58,600  
大家听说过吧  
  
1133  
00:45:58,600 --> 00:46:00,160  
那么也是能够治疗的  
  
1134  
00:46:00,320 --> 00:46:02,120  
它的病机都是一个我认为  
  
1135  
00:46:02,630 --> 00:46:06,870  
那么这个所谓先血后便此进穴也禁  
  
1136  
00:46:06,870 --> 00:46:08,070  
指的是靠谁进呢  
  
1137  
00:46:08,830 --> 00:46:09,430  
靠肛门  
  
1138  
00:46:10,250 --> 00:46:13,010  
那么你看他先出点血后头都是干净大便  
  
1139  
00:46:13,050 --> 00:46:14,330  
说明只有哪儿出血啊  
  
1140  
00:46:14,850 --> 00:46:15,490  
只有肛门  
  
1141  
00:46:15,690 --> 00:46:17,250  
那肛门出血是啥病啊  
  
1142  
00:46:18,300 --> 00:46:19,100  
无非是俩病  
  
1143  
00:46:19,220 --> 00:46:20,580  
一个是痔疮，一个是肛裂  
  
1144  
00:46:21,340 --> 00:46:21,820  
对不对啊  
  
1145  
00:46:22,260 --> 00:46:24,540  
那么这种情况就可以用赤豆当归散  
  
1146  
00:46:24,780 --> 00:46:27,020  
那么为什么造成痔疮和肛裂  
  
1147  
00:46:27,630 --> 00:46:30,430  
其实跟我们之前说的化脓是不是一回事  
  
1148  
00:46:31,190 --> 00:46:32,790  
湿热郁蒸之象吗  
  
1149  
00:46:33,870 --> 00:46:34,910  
湿热郁生于内  
  
1150  
00:46:35,230 --> 00:46:39,670  
那必然造成这个呃，肉腐化脓于外吗  
  
1151  
00:46:41,050 --> 00:46:45,450  
呃，咱们这个灵枢的用具篇当时给大家讲过一段原文  
  
1152  
00:46:45,850 --> 00:46:48,490  
营卫激流于经脉之中，对不对啊  
  
1153  
00:46:49,220 --> 00:46:49,420  
哎  
  
1154  
00:46:49,460 --> 00:46:51,100  
因为不行啊  
  
1155  
00:46:51,340 --> 00:46:52,540  
则则血气嘛  
  
1156  
00:46:52,940 --> 00:46:55,060  
血气之后那么热盛则肉腐  
  
1157  
00:46:55,340 --> 00:46:56,340  
肉腐则为脓嘛  
  
1158  
00:46:56,420 --> 00:46:57,580  
咱们说说这个问题啊  
  
1159  
00:46:57,930 --> 00:46:59,530  
那么把湿热把它解决掉  
  
1160  
00:46:59,850 --> 00:47:02,900  
那么这个让它营尾能通力，自然而然呢  
  
1161  
00:47:03,020 --> 00:47:04,100  
这问题就解决了  
  
1162  
00:47:04,380 --> 00:47:06,020  
所以这两味药的表法呢  
  
1163  
00:47:06,020 --> 00:47:07,820  
一个是赤小豆，呃  
  
1164  
00:47:08,490 --> 00:47:09,770  
赤小豆呢，本身啊  
  
1165  
00:47:09,770 --> 00:47:11,250  
它色赤而性凉  
  
1166  
00:47:11,690 --> 00:47:14,210  
它就能清血中之湿热，对不对  
  
1167  
00:47:14,410 --> 00:47:16,550  
那赤豆你再发芽，一个呢  
  
1168  
00:47:16,550 --> 00:47:17,750  
能导心火下降  
  
1169  
00:47:17,790 --> 00:47:18,710  
再一发芽呢  
  
1170  
00:47:18,710 --> 00:47:20,590  
能导能引清气上升  
  
1171  
00:47:20,990 --> 00:47:23,420  
一个小回环嘛，就出来了吗  
  
1172  
00:47:23,740 --> 00:47:23,940  
哎  
  
1173  
00:47:23,940 --> 00:47:25,180  
一个小升降就出来了  
  
1174  
00:47:25,420 --> 00:47:26,460  
而当归呢  
  
1175  
00:47:26,660 --> 00:47:27,900  
能够引血归经  
  
1176  
00:47:28,310 --> 00:47:29,510  
你看看这个组合啊  
  
1177  
00:47:29,790 --> 00:47:32,630  
赤小豆先把血中的湿热清理掉  
  
1178  
00:47:33,230 --> 00:47:35,670  
然后当归再把干净的血让它归经  
  
1179  
00:47:36,440 --> 00:47:38,440  
没有血的参与还能化脓吗  
  
1180  
00:47:39,630 --> 00:47:40,190  
不能了吧  
  
1181  
00:47:40,470 --> 00:47:43,270  
没有血的参与还能出血吗  
  
1182  
00:47:44,190 --> 00:47:44,750  
不能了吧  
  
1183  
00:47:44,990 --> 00:47:46,750  
那么血回到它该回的地方  
  
1184  
00:47:47,070 --> 00:47:48,270  
那么还有痔疮吗  
  
1185  
00:47:49,750 --> 00:47:50,190  
没了吧  
  
1186  
00:47:50,750 --> 00:47:51,390  
换句话说  
  
1187  
00:47:51,710 --> 00:47:54,310  
怎么打击这个这个犯罪  
  
1188  
00:47:54,710 --> 00:47:56,990  
就是你让所有的人都有正当职业  
  
1189  
00:47:56,990 --> 00:47:57,950  
谁还去犯罪啊  
  
1190  
00:47:59,400 --> 00:48:00,240  
是不是这个道理  
  
1191  
00:48:01,000 --> 00:48:03,640  
哎，咱们就说这这这这个情况啊  
  
1192  
00:48:05,170 --> 00:48:06,250  
那在这就说完了  
  
1193  
00:48:06,250 --> 00:48:07,450  
不再赘述，这个方呢  
  
1194  
00:48:07,450 --> 00:48:08,570  
也给大家讲过啊  
  
1195  
00:48:08,940 --> 00:48:09,700  
接着往下看  
  
1196  
00:48:10,300 --> 00:48:13,540  
那么我们刚刚讲过这个吐血对不对  
  
1197  
00:48:13,900 --> 00:48:16,430  
他的病机那么冲  
  
1198  
00:48:16,430 --> 00:48:19,510  
人的气机的上逆呃分两种  
  
1199  
00:48:19,590 --> 00:48:21,030  
一个是实火，一个是虚火  
  
1200  
00:48:21,520 --> 00:48:22,120  
虚火呢  
  
1201  
00:48:22,200 --> 00:48:24,000  
那么以阴郁为病机吧  
  
1202  
00:48:24,200 --> 00:48:25,960  
那么用百叶汤实火  
  
1203  
00:48:25,960 --> 00:48:27,160  
咱们说了用泻心汤  
  
1204  
00:48:27,600 --> 00:48:29,400  
但在这儿呢，又出现了一个问题  
  
1205  
00:48:29,880 --> 00:48:31,840  
我们说心气不足  
  
1206  
00:48:31,840 --> 00:48:33,360  
吐血虐血泄阴汤主之  
  
1207  
00:48:33,680 --> 00:48:38,090  
那么心气不足，为什么不用补心汤  
  
1208  
00:48:39,480 --> 00:48:40,640  
大家想过这个问题没有  
  
1209  
00:48:41,200 --> 00:48:42,800  
又出现了一个bug，对吧  
  
1210  
00:48:43,200 --> 00:48:45,560  
又出现了一个特别难受的地方  
  
1211  
00:48:49,600 --> 00:48:49,920  
对啊  
  
1212  
00:48:50,120 --> 00:48:52,360  
心气不足应该用补心汤啊  
  
1213  
00:48:53,760 --> 00:48:55,240  
那为什么用泻心汤呢  
  
1214  
00:48:59,200 --> 00:49:00,200  
大家思考一下  
  
1215  
00:49:01,840 --> 00:49:03,550  
哎，行  
  
1216  
00:49:03,790 --> 00:49:05,670  
我说说我的建议  
  
1217  
00:49:06,110 --> 00:49:09,230  
还不是那个呃，那么简单啊  
  
1218  
00:49:10,190 --> 00:49:12,590  
我说说我的建议，看内经吧  
  
1219  
00:49:13,520 --> 00:49:14,760  
不明白就看内经  
  
1220  
00:49:15,680 --> 00:49:19,400  
内经说了一句话叫什么壮火食气  
  
1221  
00:49:20,200 --> 00:49:21,160  
少火生气  
  
1222  
00:49:22,320 --> 00:49:24,280  
无非那什么叫撞火，什么叫烧火  
  
1223  
00:49:24,320 --> 00:49:25,720  
无非是太过不及  
  
1224  
00:49:26,910 --> 00:49:27,470  
明白了吧  
  
1225  
00:49:27,790 --> 00:49:28,750  
这道理明白了吧  
  
1226  
00:49:29,150 --> 00:49:33,350  
那么所谓的这个壮火食气  
  
1227  
00:49:34,470 --> 00:49:35,830  
说的是火气太过  
  
1228  
00:49:36,150 --> 00:49:37,990  
火气太过则心气不足  
  
1229  
00:49:38,350 --> 00:49:40,550  
这大大家道理大家明白了吧  
  
1230  
00:49:42,120 --> 00:49:43,960  
火气太过，必然心气不足  
  
1231  
00:49:45,520 --> 00:49:47,280  
但是火气心气本一也  
  
1232  
00:49:47,600 --> 00:49:49,480  
国家的权力本身是一也  
  
1233  
00:49:50,120 --> 00:49:51,600  
但是看看国家的权力  
  
1234  
00:49:52,320 --> 00:49:55,570  
是集中在国家的行政运营  
  
1235  
00:49:55,690 --> 00:49:57,130  
还是集中在私人  
  
1236  
00:49:58,060 --> 00:49:59,340  
这道理大家明白了没有  
  
1237  
00:49:59,540 --> 00:50:00,860  
那么私人则谓之贼  
  
1238  
00:50:01,500 --> 00:50:03,020  
在国家则谓之于君  
  
1239  
00:50:03,750 --> 00:50:06,310  
所以我们讲古代的火，有君相之争  
  
1240  
00:50:06,910 --> 00:50:09,170  
火有无火五种火啊  
  
1241  
00:50:09,490 --> 00:50:11,370  
有军火，有相火  
  
1242  
00:50:11,730 --> 00:50:12,530  
有辰火  
  
1243  
00:50:12,890 --> 00:50:13,570  
有反火  
  
1244  
00:50:13,810 --> 00:50:16,960  
有明火，有五种啊  
  
1245  
00:50:17,000 --> 00:50:17,920  
这个说的就远了  
  
1246  
00:50:17,920 --> 00:50:19,280  
我们用的最多的是两种  
  
1247  
00:50:19,440 --> 00:50:20,080  
一个是军火  
  
1248  
00:50:20,080 --> 00:50:20,680  
一个是相火  
  
1249  
00:50:21,280 --> 00:50:23,320  
相火之太过，则军火必然不足  
  
1250  
00:50:23,320 --> 00:50:23,840  
对不对  
  
1251  
00:50:24,390 --> 00:50:26,190  
那么这个讲的是壮火食气啊  
  
1252  
00:50:26,830 --> 00:50:29,630  
就火气太过，必然心气就不足  
  
1253  
00:50:30,580 --> 00:50:31,100  
所以呢  
  
1254  
00:50:31,420 --> 00:50:33,700  
这块你理解可能稍稍还有点绕啊  
  
1255  
00:50:34,220 --> 00:50:35,140  
给大家点时间  
  
1256  
00:50:35,540 --> 00:50:38,560  
那么我说一个人的思考啊  
  
1257  
00:50:38,760 --> 00:50:39,720  
大家就明白了  
  
1258  
00:50:39,920 --> 00:50:41,320  
唐若川先生说了一句话  
  
1259  
00:50:41,320 --> 00:50:44,600  
说方明谢心，乃仲景探源之治  
  
1260  
00:50:45,980 --> 00:50:50,180  
后头还有一句话，能从此悟得悟得什么八个字啊  
  
1261  
00:50:50,940 --> 00:50:51,460  
八个字  
  
1262  
00:50:52,960 --> 00:50:54,240  
血生于心  
  
1263  
00:50:55,040 --> 00:50:56,440  
心即是火  
  
1264  
00:50:58,900 --> 00:50:59,860  
血生于心  
  
1265  
00:51:00,580 --> 00:51:01,540  
心即是火  
  
1266  
00:51:02,700 --> 00:51:06,560  
这八个字之意于血，症思过半矣  
  
1267  
00:51:06,560 --> 00:51:08,000  
这个是唐荣川先生说的  
  
1268  
00:51:08,200 --> 00:51:11,290  
跟我刚才讲的那一番话如出一辙  
  
1269  
00:51:11,370 --> 00:51:12,530  
他俩就是一个东西啊  
  
1270  
00:51:13,050 --> 00:51:15,770  
那么你明白了，血是从心生出来的  
  
1271  
00:51:16,980 --> 00:51:19,220  
心为火象是不是这个道理啊  
  
1272  
00:51:19,780 --> 00:51:21,740  
那么心火你操纵不了它  
  
1273  
00:51:22,940 --> 00:51:25,620  
撞火太过则食气壮火  
  
1274  
00:51:25,740 --> 00:51:26,900  
我再给你拆一下啊  
  
1275  
00:51:27,020 --> 00:51:28,820  
我再把这个字写在黑板上  
  
1276  
00:51:30,040 --> 00:51:33,000  
不写上大家还是反应不过来啊  
  
1277  
00:51:40,840 --> 00:51:42,160  
四个字我再次的重复  
  
1278  
00:51:42,520 --> 00:51:44,520  
你自己要不懂你也写上啊  
  
1279  
00:51:47,340 --> 00:51:52,580  
壮火食气好了  
  
1280  
00:51:54,460 --> 00:51:56,580  
说明火和气之间啊  
  
1281  
00:51:57,920 --> 00:51:59,880  
是一对阴阳，大家看见了没有  
  
1282  
00:52:00,800 --> 00:52:01,800  
就像是跷跷板  
  
1283  
00:52:02,720 --> 00:52:04,200  
火太猛气就弱  
  
1284  
00:52:05,900 --> 00:52:06,660  
大家明白了吧  
  
1285  
00:52:07,540 --> 00:52:08,780  
气强火就弱  
  
1286  
00:52:09,420 --> 00:52:13,540  
那么说这个人上火上火是不是元气足也是也不是  
  
1287  
00:52:17,060 --> 00:52:19,820  
所以泻心汤、泻心汤，泻的是什么  
  
1288  
00:52:21,220 --> 00:52:22,540  
泻的不是气，而是火  
  
1289  
00:52:23,780 --> 00:52:24,820  
这大家捋清了吧  
  
1290  
00:52:25,220 --> 00:52:26,660  
泻心汤就是泻火汤  
  
1291  
00:52:27,920 --> 00:52:29,360  
我这么一翻译，大家懂了吧  
  
1292  
00:52:29,880 --> 00:52:31,800  
所以抚情穴之中，有补心汤  
  
1293  
00:52:31,800 --> 00:52:34,160  
有泻心汤是不是泻心汤是什么  
  
1294  
00:52:34,320 --> 00:52:37,210  
泻火汤，泻火汤是什么  
  
1295  
00:52:37,370 --> 00:52:41,290  
生气汤生什么气生心气  
  
1296  
00:52:42,480 --> 00:52:46,150  
所以心气不足，吐血尿血什么  
  
1297  
00:52:46,150 --> 00:52:50,830  
汤主治泻心汤主治泻火汤主治壮火食气  
  
1298  
00:52:50,870 --> 00:52:51,470  
泻壮火  
  
1299  
00:52:52,520 --> 00:52:54,800  
把撞火卸成烧火则少火生气  
  
1300  
00:52:55,320 --> 00:52:56,680  
这个弯，大家绕过来了吧  
  
1301  
00:52:57,380 --> 00:52:57,580  
哎  
  
1302  
00:52:57,780 --> 00:52:58,620  
绕过来就好了  
  
1303  
00:52:58,620 --> 00:52:59,340  
我就开心了  
  
1304  
00:52:59,940 --> 00:53:01,460  
所以说陈修园先生啊  
  
1305  
00:53:01,460 --> 00:53:02,860  
当年也是一个孤独学者  
  
1306  
00:53:03,180 --> 00:53:04,500  
陈修园先生说过一句话  
  
1307  
00:53:05,100 --> 00:53:07,340  
说釜下抽薪就什么意思啊  
  
1308  
00:53:07,340 --> 00:53:09,780  
锅底下把那个柴火给他拽出来  
  
1309  
00:53:11,690 --> 00:53:12,610  
而怎么样呢  
  
1310  
00:53:13,290 --> 00:53:16,410  
腹下之水就就是腹中之水啊  
  
1311  
00:53:16,410 --> 00:53:19,530  
就是锅里的水自无沸腾之患  
  
1312  
00:53:20,700 --> 00:53:25,300  
这句话跟我刚才说的暗河也是剑道之言  
  
1313  
00:53:25,340 --> 00:53:25,860  
明白了吧  
  
1314  
00:53:26,060 --> 00:53:28,340  
就是你把那个那个锅呀烧开了  
  
1315  
00:53:28,340 --> 00:53:30,980  
你看那水在上面冒泡，不是水的问题  
  
1316  
00:53:30,980 --> 00:53:33,980  
你去按这个水摁不住你怎么办  
  
1317  
00:53:34,820 --> 00:53:36,580  
把把那个灶毙了  
  
1318  
00:53:37,580 --> 00:53:38,340  
大家明白了吧  
  
1319  
00:53:38,780 --> 00:53:41,660  
灶壁了火断了之后水自己就回去了  
  
1320  
00:53:42,900 --> 00:53:44,820  
你见到是雪其实是火  
  
1321  
00:53:46,950 --> 00:53:49,470  
见到是水，其实是水底下那个灶  
  
1322  
00:53:50,600 --> 00:53:51,440  
咱明白了没有  
  
1323  
00:53:51,680 --> 00:53:55,280  
这句话就是唐川先生说的血生于心  
  
1324  
00:53:55,880 --> 00:53:58,100  
心即是火，这个意思  
  
1325  
00:53:58,340 --> 00:53:59,580  
我们一以贯之  
  
1326  
00:54:00,140 --> 00:54:01,500  
所以怎么去治疗它呢  
  
1327  
00:54:01,500 --> 00:54:03,460  
那么这个方大家已经熟悉了  
  
1328  
00:54:03,460 --> 00:54:06,090  
带黄黄连泻心汤，它的用法呢  
  
1329  
00:54:06,170 --> 00:54:07,130  
跟沙寒论不一样  
  
1330  
00:54:07,170 --> 00:54:08,090  
沙论心下痞  
  
1331  
00:54:08,090 --> 00:54:09,370  
按之软，气脉关上浮者  
  
1332  
00:54:09,370 --> 00:54:12,370  
带黄连泻心汤主治那个是不煎煮的  
  
1333  
00:54:12,570 --> 00:54:13,850  
用麻沸汤自制  
  
1334  
00:54:13,970 --> 00:54:16,930  
用滚水去浸他脚，令去籽  
  
1335  
00:54:17,590 --> 00:54:17,790  
哎  
  
1336  
00:54:17,990 --> 00:54:20,480  
那个是走气氛，对不对啊  
  
1337  
00:54:20,560 --> 00:54:24,080  
走气，但我们这个不是走气气质气质啊  
  
1338  
00:54:24,080 --> 00:54:25,200  
我们这个走的是什么  
  
1339  
00:54:25,320 --> 00:54:27,080  
有形的血，走的是脂  
  
1340  
00:54:27,080 --> 00:54:29,460  
所以这个汤得煎，明白了吧  
  
1341  
00:54:29,860 --> 00:54:31,180  
哎得煎呃  
  
1342  
00:54:31,380 --> 00:54:32,860  
那么用带黄，用黄连  
  
1343  
00:54:33,970 --> 00:54:36,290  
用带黄，用黄连这两味药  
  
1344  
00:54:36,450 --> 00:54:38,810  
而且还得有黄寝啊  
  
1345  
00:54:39,480 --> 00:54:45,510  
那么代黄黄连是本身是伤寒论辛汤的一个组合  
  
1346  
00:54:45,510 --> 00:54:45,790  
对吧  
  
1347  
00:54:46,110 --> 00:54:47,910  
那么有人在争论说用不用黄金  
  
1348  
00:54:47,910 --> 00:54:48,990  
其实这个非常简单啊  
  
1349  
00:54:49,230 --> 00:54:50,670  
你看它热太过你就用  
  
1350  
00:54:51,620 --> 00:54:53,300  
你看热没那么猛，你就减掉  
  
1351  
00:54:53,680 --> 00:54:54,320  
非常简单  
  
1352  
00:54:54,760 --> 00:54:55,720  
加减就行了  
  
1353  
00:54:55,920 --> 00:55:00,120  
那么这个呢，是一定要有的一定要黄琴的黄连呢  
  
1354  
00:55:00,520 --> 00:55:02,630  
形如莲中，形如连珠  
  
1355  
00:55:02,830 --> 00:55:04,570  
中通带翅，啊  
  
1356  
00:55:04,570 --> 00:55:06,210  
就像连珠一样长着，对吧  
  
1357  
00:55:06,610 --> 00:55:06,810  
哎  
  
1358  
00:55:07,210 --> 00:55:11,090  
中间是空的，赤色如同人质血脉啊  
  
1359  
00:55:11,580 --> 00:55:12,700  
气气寒，味苦  
  
1360  
00:55:12,700 --> 00:55:13,900  
气寒和于心气  
  
1361  
00:55:14,220 --> 00:55:14,900  
那本身呢  
  
1362  
00:55:14,900 --> 00:55:18,620  
就是它能够去掉这个壮火，加上带黄和黄芪  
  
1363  
00:55:18,980 --> 00:55:20,340  
那么关于这个方的方义  
  
1364  
00:55:20,340 --> 00:55:23,610  
在伤寒之中已经反复的讲过  
  
1365  
00:55:23,650 --> 00:55:24,610  
在此不再赘述  
  
1366  
00:55:24,970 --> 00:55:25,570  
讲到这儿呢  
  
1367  
00:55:25,570 --> 00:55:28,570  
我们今天的课呢就告一段落  
  
1368  
00:55:28,870 --> 00:55:31,350  
下次课呢将要讲一个大篇目  
  
1369  
00:55:31,750 --> 00:55:35,630  
呕吐血夏利病脉症第十期这一篇啊  
  
1370  
00:55:35,670 --> 00:55:37,100  
非常长，呃  
  
1371  
00:55:37,380 --> 00:55:38,500  
我计划呢  
  
1372  
00:55:39,790 --> 00:55:42,630  
试用三次课给大家讲完啊  
  
1373  
00:55:43,190 --> 00:55:43,790  
呃好  
  
1374  
00:55:43,830 --> 00:55:45,750  
今天的课就先到这，谢谢大家